First Aid Kits

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Facility Provided Kits
Team Kit?
First Aid Kit contents will vary

- Orange dixie kit comes in a uniquely designed first responder bag which organize your equipment. Bag has a waterproof bottom. Included Items:
  1 - Stethoscope
  1 - Aneroid Sphygmomanometer (BP cuff w/gauge)
  1 - CPR pocket mask
  1 - Foil Baby Bunting
  1 - 5½" Bandage Scissors
  1 - Diagnostic Penlight
  1 - Kelly 5½" Straight Forceps
  1 - CPR Face Shield with 2 Gloves (medium, latex)
  1 - Dixie Emergency Airway Kit (set of 6: 40-110mm)
  1 - Rescue Blanket
  1 - Instant Cold Pack
  2" x 2" Koolaburn® Burn Dressing
  1 - 4" x 4" Koolaburn® Burn Dressing
  1 - Glucose Gel Tube
  1 - Wire Splint
  1 - Tourniquet
  1 - Seat Belt Cutter
  16 - 4" x 4" Sterile Gauze Pads
  10 - 1 x 3" Sheer Bandages
  10 - 3/4 x 3" Sheer Bandages
  10 - 2 x 4 1/2" Bandages
  10 - Fingertip Bandages
  10 - Knuckle Bandages
  2 - 2" Stretch gauze Roll
  2 - 3" Stretch gauze Roll
  2 - 6" Stretch gauze Roll
  6 - 5" x 9" Surgical Dressings/Abdominal pads
  1 - Multi-Trauma Dressing
  10 - Alcohol Prep Pads
  10 - PVP Prep Pads
  4 - Oval Eye Pads
  2 - 1" Cloth Tape
  4 - Triangular Bandages w/Pins
  20 - Ammonia Inhalants
  4 - Sting Pads
Red Cross Large Workplace Kit Contents

- 10 Patch plastic bandages, 1-1/2" x 1-1/2"
- 25 Fabric bandages, 1" x 3"
- 25 Plastic bandages, 3/4" x 3"
- 10 Fingertip fabric bandages
- 10 Knuckle fabric bandages
- 1 Elastic bandage wrap, 2" x 5 yds
- 10 Butterfly wound closures
- 1 Triangular sling bandage, 40" x 40" x 56"
- 10 Gauze dressing pads, 2" x 2"
- 10 Gauze dressing pads, 3" x 3"
- 1 Conforming gauze roll, 2"
- 1 Conforming gauze roll, 3"
- 1 Trauma pad, 5" x 9"
- 20 Alcohol cleansing pads
- 20 BZK antiseptic towelettes
- 10 Castile soap towelettes
- 10 First aid/burn cream packs, 0.9 g each
- 10 Antibiotic ointment packs, 0.9 g each
- 1 First aid tape roll, 1/2" x 10 yd.
- Scissors, 1 pair
- 10 Moleskin blister prevention bandages, 2" x 2"
- 1 American Red Cross Emergency First Aid Guide
- Latex-free vinyl gloves, 2 pairs
- Stainless steel tweezers, 1 pair
- 1 CPR face shield and vinyl gloves set
Sports Team Kits
First Aid Contents

- 1 FIRST AID BOOKLET
- 1 STAINLESS STEEL SCISSORS
- 1 TWEEZERS
- 3 PAIR VINYL GLOVES
- 3 SAFETY PIN
- 5 COTTON TIPPED APPLICATOR
- 2 EYE PAD
- 4 DISPOSABLE THERMOMETER
- 8 WOOD FINGER SPLINT
- 4 2” X 3” MOLESKIN
- 4 SMALL INSTANT COLD PACK
- 2 LARGE INSTANT COLD PACK
- 1 PACK POCKET TISSUE
- 1 HAZARDOUS MATERIAL BAG
- 10 ALCOHOL PREP PAD
- 10 IODINE PREP PAD
- 6 STING RELIEF PAD
- 10 ANTISEPTIC TOWELETTE
- 3 HYDROCORTISONE CREAM
- 8 TRIPLE ANTIBIOTIC OINTMENT
- 4 ACETAMINOPHEN PACKET
- 4 IBUPROFEN PACKET
- 4 ANTACID TABLET
## Kit Contents

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>3/8” X 1-1/2” Bandage</td>
<td>20</td>
</tr>
<tr>
<td>3/4” X 3” Bandage</td>
<td>25</td>
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<tr>
<td>Knuckle Bandage</td>
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</tr>
<tr>
<td>Knee/Elbow Bandage</td>
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<tr>
<td>Wound Closure Strip</td>
<td>15</td>
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<tr>
<td>2” X 2” Sterile Gauze Pad</td>
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<tr>
<td>3” X 3” Sterile Gauze Pad</td>
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</tr>
<tr>
<td>5” X 9” Combine Dressing</td>
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<tr>
<td>2” X 3” Non-Adherent Dressing</td>
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</tr>
<tr>
<td>3” X 4” Non-Adherent Dressing</td>
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<tr>
<td>2” Conforming Gauze Roll</td>
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<tr>
<td>3” Elastic Bandage</td>
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<tr>
<td>Triangle Bandage</td>
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<td>Co-Flex Bandage Roll</td>
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<td>Pre-Wrap Roll</td>
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<tr>
<td>1” Adhesive Tape Roll</td>
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</tbody>
</table>
Make Your Own
Team Kit Maintenance

- Inventory-Check List (Laminate)
- Expiration Dates for medications
- Opened dates for multi use bottles/tubes
- Assign Responsibility
  - Check & Restock before and after each meet or event held
  - Check & Restock after injury/use
  - Check & Restock quarterly/monthly
- Don’t forget to complete Report of Occurrence when used
Restock

• Can order items on-line
• Use local discount store
• Use local pharmacy/grocery store
Non Latex Gloves
Wound Cleanser-Disinfectant
Antibiotic ointment
Bandage or Band-Aids
Lots of brands, colors, designs
Wound Closure Strips
Liquid Bandaid
Gauze pads vs Non adherent dressing
Roller Gauze-Kling Dressing
Combine-Surgical Dressing-Trauma Dressing
Ace Wrap-Elastic Wrap
Adhesive Bandage Wrap
Finger splints
Helpful Tools
QUESTIONS ?