

# *LONG BEACH AQUATICS*



**ANNUAL SNOWBALL MINI MEET  
SUNDAY, JANUARY 10, 2010  
100113**

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SUNDAY, JANUARY 2010

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #100113
- LOCATION:** LONG BEACH RECREATION CENTER  
MAGNOLIA BLVD & W. BAY DRIVE, LONG BEACH, NY
- FACILITY:** 6 Lane, 25 yard pool. Spectator seating for 200 spectators  
The pool **has not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** 8:00 am warm up/9:00 am start
- FORMAT:** All Events will be timed finals.  
There will a seeding area on the pool deck for all individual events.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
Age on **January 10, 2010** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.  
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers are limited to 3 individual events  
Entries will be accepted on a first come basis.  
Email entries preferred. A hard copy must be mailed as well.
- U.S. Mail Entries/Payment to: Long Beach Recreation Center  
Magnolia Blvd & W. Bay drive.  
Long Beach, NY 11561  
C/O Gail Farrell
- Email Entries/Confirm Entry Receipt: [Kmu509@hotmail.com](mailto:Kmu509@hotmail.com)
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **December 10, 2009**.  
2: The final entry deadline for this meet is **December 17, 2009**  
3: Metro entries received between **December 10** and **December 17** and all entries from other LSC's will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of \$3.00 per individual event \$8.00 per event must accompany the entries.  
Make check payable to: Long Beach Aquatics.  
Payment must be received by **December 10, 2009** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** Warm-up's will be assigned based on teams/size.  
You will receive a warm-up schedule upon check-in to the meet director.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

**AWARDS:**

Individual events: 1<sup>st</sup> place trophies, 2<sup>nd</sup>-6<sup>th</sup> place medals, 7<sup>th</sup>-12<sup>th</sup> place ribbons  
Relays: 1<sup>st</sup> place medals  
First through 3<sup>rd</sup> place team trophies!

**OFFICIALS:**

Meet Referee: [Holger Fietkau: holgerfusa@aol.com](mailto:holgerfusa@aol.com)  
Officials wishing to volunteer should contact Meet Referee by **January 1, 2010**

**MEET  
DIRECTOR:**

[Kelly Ullrich, Kmu509@hotmail.com](mailto:Kelly.Ullrich@kmu509.com)  
[Gail Farrell: \(516\) 431-3890](tel:5164313890)

**RULES:**

The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.

**SAFETY:**

Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

**DISCLAIMER:**

Upon acceptance of his/her entries, the participant waives all claims against [Long Beach Aquatics & Long Beach Aquatics](#), Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

**ADMISSION:**

**Programs: \$3.00**  
**Admission: \$3.00/adult \$1.00/child**

**MERCHANTS:**

**Food will be available for sale in the Long Beach Community Center located directly next to the Recreation Center. (Accessible by walking down a hall)**

**PARKING:**

**Parking located direly adjacent to the recreation Center.**

**DIRECTIONS:**

**Southern State Parkway to Meadowbrook Parkway-take Meadowbrook parkway south to Loop Parkway (Exit M-10). Loop Parkway to the end. Make a slight right at the end of the loop parkway onto Lido Blvd. Lido Blvd will turn into Park Ave. Make a right onto Magnolia Blvd. (2 blocks west of the Train station) Follow Magnolia Blvd. to the end. The Recreation Center will be on the right hand side.**

## LONG BEACH AQUATICS MINI-MEET

<i><b>GIRLS</b></i>	<i><b>AGE GROUPS</b></i>	<i><b>EVENT</b></i>	<i><b>BOYS</b></i>
1	8 yr. old	50 yd. FREESTYLE	2
3	7 yr. old	25 yd. FREESTYLE	4
5	6 & Under	25 yd. FREESTYLE	6
7	8 yr. old	100 yd. IND. MEDLEY	8
9	6 & Under	25 yd. BACK STROKE	10
11	7 yr. old	25 yd. BACK STROKE	12
13	8 yr. old	25 yd. BACK STROKE	14
15	6 & Under	25 yd. BUTTERFLY	16
17	7 yr. old	25 yd. BUTTERFLY	18
19	8 yr. old	25 yd. BUTTERFLY	20
21	7 yr. old	25 yd. BREAST STROKE	22
23	8 yr. old	25 yd. BREAST STROKE	24
25	7 & Under	100 yd. FREE RELAY	26
27	8 yr. old	100 yd. FREE RELAY	28