



Condors Balloon Bash (8 & Under)

January 9th, 2010

Sanction #100106

Time Trial # 100154-T

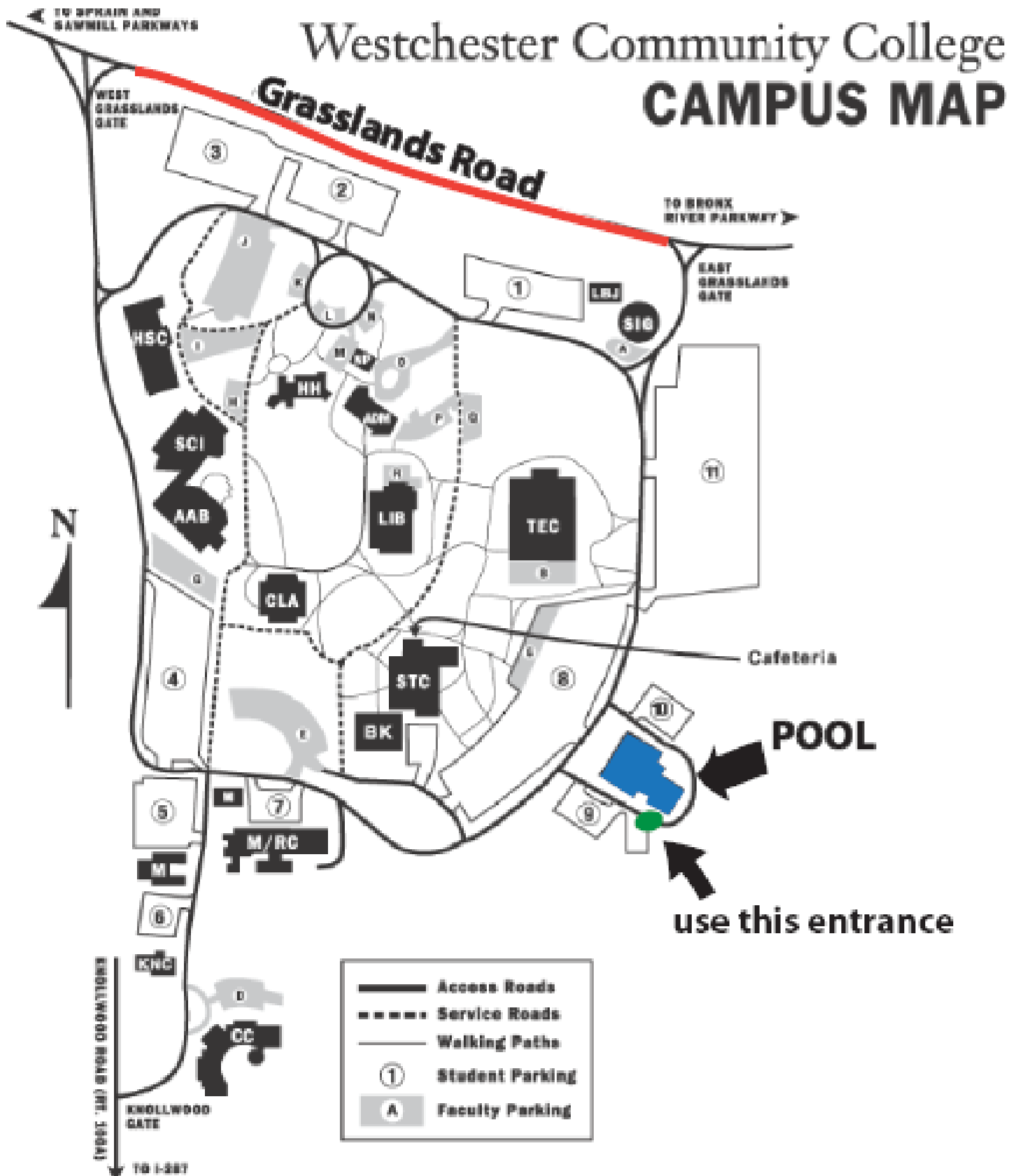
Condors Balloon Bash (8 & Under)

January 9th, 2010

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction #100106, Time Trial #100154-T**
- LOCATION:** Westchester Community College - 75 Grasslands Rd Valhalla, NY 10595
- FACILITY:** 25 yard pool with six 7 ft lanes, non-turbulent lane dividers. Seating for 200 spectators. Colorado Electronic Timing will be used with a single-line scoreboard.
The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** 8am – Warm Up / 9am – Meet Start
- FORMAT:** Timed Finals
Deck Seeding
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **January 9th, 2010** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 3 individual and 2 relay events per day, entries must be accompanied by master entry sheets and are on a first come, first served basis. The 8 & Under 200 yard free is the only event with a cut-off (faster than) time. All entries must be submitted in a Hy-Tek file through email or postal mail and must be received before the entry deadline. No "NT" entries will be accepted.
- U.S. Mail Entries/Payment to:
- Condors Swim Club
115 North Main Street
New City, NY 10956**
- Email Entries/Confirm Entry Receipt: **MeetEntries@CondorsSwimming.com**
Sign Express Mail waiver allowing delivery without signature.
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **December 23rd, 2009**.
2: The final entry deadline for this meet is **December 30th, 2009**
3: Metro entries received between **December 23rd, 2009** and **December 30th, 2009** and all entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$3.00** per individual event and **\$8.00** per relay event must accompany the entries.
Make check payable to: **Condors Swim Club**.
Payment must be received by **December 30th, 2009** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** The first 40 minutes will be general warm-up, the last 20 minutes lanes 2 and 5 will be reserved for one-way sprints. No diving will be permitted except in designated one-way sprint lanes. All swimmers must be supervised by a coach.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Medals will be given for places 1-3 and ribbons for places 4-6. Heat winners will be given a balloon. Each team will have a large balloon with the team name printed on it. Heat winners then attach their balloon to the team's larger balloon, to see which team has the most balloons.
- OFFICIALS:** Meet Referee: Mike Natale - mfnc45@optonline.net – (914) 906-5672
Officials wishing to volunteer should contact Meet Referee by **January 2nd, 2009**.
- MEET DIRECTOR:** Tom Keaveney, contact information phone: 914-557-8922,
email **Trooper4560@optonline.net**
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Clarkstown Central School District, Condors Swim Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.
- ADMISSION:** \$5.00 Adults Admission per session / \$3.00 Program per session
- MERCHANTS:** Metro Swim Shop will be available with swimming merchandise throughout the meet.
- PARKING:** There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing.
- DIRECTIONS:** **From the Bronx River Parkway.**
Take Virginia Road, Exit 26. Southbound, turn right; Northbound, turn left. At end of Virginia Road, turn right onto Route 100. Westchester Community College entrance is approx. 1/4 mile on left.
- From Cross-Westchester Expressway (Route 287).**
Take Hartsdale Exit 4. Eastbound, turn left; westbound, turn right. North on Knollwood Road (Route 100A) approx. 1/2 mile to Westchester Community College entrance on right.
- From the Sprain Parkway.**
Take Eastview Exit. Northbound, turn right; Southbound, turn left onto Route 100. Westchester Community College entrance is approx. 1/4 mile on right.
- From the Saw Mill River Parkway.**
Take Eastview Exit. Northbound, turn right; Southbound, turn left onto Route 100C. Westchester Community College entrance is approx. 1-1/2 miles on right.
- See campus map on next page.**

Westchester Community College CAMPUS MAP



Girls	Faster Than	8 and Under	Faster Than	Boys
1		8 & Under 200 Medley Relay		2
3	03:42.7	8 & Under 200 Free	03:40.9	4
5		6 year old 25 Fly		6
7		7 year old 25 Fly		8
9		8 year old 25 Fly		10
11		8 & under 100 Back		12
13		6 year old 25 Breast		14
15		7 year old 25 Breast		16
17		8 year old 25 Breast		18
19		8 & Under 100 Free		20
21		8 & Under 50 Breast		22
23		8 & Under 100 Fly		24
25		6 year old 25 Back		26
27		7 year old 25 Back		28
29		8 year old 25 Back		30
31		8& Under 100 Breast		32
33		6 year old 25 Free		34
35		7 year old 25 Free		36
37		8 year old 25 Free		38
39		8 & Under 50 Fly		40
41		8 & Under 100 IM		42
43		8 & Under 200 Free Relay		44