



VIKING CLASSIC SWIM MEET

Thirteenth Annual

2009-MR VAC Viking Classic SC

November 13, 14, & 15, 2009

Sanction # 091112

Sponsored by the VIKING AQUATIC CLUB

VIKING CLASSIC SWIM MEET

November 13, 14 and 15, 2009

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #091112

LOCATION: Valley Central High School Natatorium, Route 17K, Montgomery, NY 12549

FACILITY: 8-Lane, 25-yard, indoor pool with non-turbulent lane dividers.
Colorado Timing System, 8-Lane Display Scoreboard
Tiered Bleacher seating for spectators.

The pool **has not** been certified in accordance with Article 104.2.2C (4)

SESSIONS:

Session 1: Friday, November 13	Warm-ups at 4:00 p.m.	Session starts at 5:00 p.m.
Session 2: Friday, November 13 *****	Warm-ups at 9:00 p.m.	Session Starts at 9:30 p.m.
Session 3: Saturday, November 14	Warm-ups at 7:30 a. m.	Session Starts at 9:00 a. m.
Session 4: Saturday, November 14	Warm-ups at 1:00 p.m.	Session Starts at 2:00 p.m.
Session 5: Sunday, November 15	Warm-ups at 7:30 a. m.	Session Starts at 9:00 a. m.
Session 6: Sunday, November 15	Warm-ups at 1:00 p. m.	Session Starts at 2:00 p.m.

***** Teams will be notified no later than November 10, 2009 of any change to warm up & start time for session 2 (1000 Free)

FORMAT: USA Swimming Rules govern this meet. All Events are Timed Finals

ELIGIBILITY: Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on November 13, 2009 will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: Swimmers may enter up to 3 individual events and 1 relay per session. Swimmers entered in the 1000 yard freestyle must supply their own timers and counters, Metropolitan LSC Clubs will be given priority on a first come/first served basis if their entries are received by 5 pm, October 23, 2009. Teams from LSC's other than Metropolitan will be entered after October 23, 2009, based on the order that they are received. All entries received later than 5 pm, October 23, 2009 will be entered in the order they are received regardless of LSC affiliation and as space allows. Entries will not be accepted after November 3, 2009 at 5 pm or after the meet fills to capacity.
Metropolitan Swimming requires pre-screening of all swimmers' USA registrations before they are permitted to swim, *deck entries will not be accepted.*

U.S. Mail Entries/Payment to :

**Mailing Address: Viking Aquatic Club C/O
Dave Klein; 12 Shea Knolls Court, Campbell Hall, NY 10916**

Website: vacswim.com

Email: hytekentries@vacswim.com

**Please enter competitors in Hy Tek Meet Manager format via email
(hytekentries@vacswim.com)**

Email Entries/Confirm Entry Receipt: **If entry submission is not confirmed within 2 days, please re-send and contact the Meet Director.**

- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **October 23, 2009**.
2: The final entry deadline for this meet is November 3, 2009
3: Metro entries received between **October 24, 2009** and **November 3, 2009** and all entries from other LSC's will be entered in the order they were received, as space allows. An email confirming receipt of entries will be sent if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of \$3.00 per individual event must accompany the entries.
Entry fee for relays, \$8.00 per Relay
All fees must accompany entries.
Make check payable to: Viking Aquatic Club, (**VAC**)
Payment must be received by **November 3, 2009** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **Warm up lanes and times will be assigned by the host team. Warm up schedules will be posted at the timing office. Coaches are responsible for enforcing feet first pool entry during warm-ups.**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- *On deck seeding is in effect for the meet. (Host Club reserves the right to seed from off deck depending on number of entries accepted. Team representatives will be notified of any change.)
*Scratch sheets will be issued to Coaches prior to each session. Scratches are to be indicated and initialed by the Coach and returned to the score table one-half hour before the session starts.
- *Coaches will pick up relay cards with scratch sheets. Relay swimmers' names must be listed on card in the order they will swim. Relay cards must be initialed by the coach and turned in by the start of the session. Swimmers and the order they are swimming may not be changed once cards are submitted.,
- *Depending on entries, swimmers may be seeded from adjoining gym (mats and hand held toys are recommended).
- AWARDS:** **Medals for 1st, 2nd, 3rd and 4th places**

Ribbons awarded for 5th-8th places for individual events and 1st-3rd place relays.
High Point Trophy for each male and female high point scorer in each age group.
Coaches are to pick up their team awards at the end of the meet.

OFFICIALS: or Cell 914-443-0457.

**MEET
DIRECTORS:**

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Valley Central School District, Viking Aquatic Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

ADMISSION: **\$4.00 Admission per session. (All Day Saturday Pass-\$6.... All Day Sunday Pass-\$6)**

MERCHANTS: **There will be a variety of T-shirts, swim suits, goggles and other assorted swim merchandise for sale from the Ultimate Swim Shop.**
Food will be available at the concession stand
Absolutely NO food will be allowed on the pool deck. Only drinks in plastic bottles
Food will be available at the concession stand

PARKING: Free Parking is available on-site at the Valley Central Middle and High Schools.
Park only in designated lined parking spaces. Offenders will be ticketed and towed
Absolutely NO parking in the fire zone in front of the buildings OR on Route 17K

DIRECTIONS: **See Website for a list of hotels and directions to the pool. www.vacswim.com**

ADDITIONAL INFORMATION

Grievances (disputed finishes, etc.) must be made to Referee who will have final say. It is each team's responsibility to make sure their swimmer is on time to be seeded.

Any cuts will be made based on the date and time of receipt of team entries. Host Club reserves the right to enter all its swimmers. If a swimmer is late, the referee will make the decision if the swimmer can be placed in a different heat.

Viking Classic
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Sanction #

Girls Session # EVENT Boys Session #

SESSION 1

Friday, Nov. 13 - warm-ups @ 4:00 p.m.

1	11-12	200 yard IM	2
3	13-14	400 yard IM	4
5		Open 400 yard IM	6
7	9 -10	200 yard freestyle	8
9	11-12	200 yard freestyle	10
11		Open 500 yard freestyle	12

SESSION 2

Friday, Nov. 13 - warm-ups @ 9:00pm (warm up time may be adjusted)

13		Open 1000 yard freestyle	14
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SESSION 3

Saturday, Nov. 14 - warm-ups @ 7:30 a.m.

15	9-10	100 yard freestyle	16
17	13-14	50 yard freestyle	18
19	9-10	50 yard backstroke	20
21	13-14	100 yard backstroke	22
23	9-10	100 yard breast stroke	24
25	13-14	100 yard butterfly	26
27	9-10	50 yard butterfly	28
29	13-14	200 yard freestyle	30
31	9-10	100 yard IM	32
33	13-14	200 yard butterfly	34
35		Open 200 yard butterfly	36
37	9-10	200 yard freestyle relay	38
39	13-14	200 yard freestyle relay	40

SESSION 4

Saturday, Nov. 14 - warm-ups @ 1:00 p.m.

41	11-12	100 yard freestyle	42
43	Open	50 yard freestyle	44
45	8/U	50 yard freestyle	46
47	11-12	50 yard backstroke	48
49	Open	100 yard backstroke	50
51	11-12	50 yard butterfly	52
53	Open	100 yard butterfly	54
55	8/U	100 yard IM	56
57	11-12	100 yard IM	58
59	8/U	50 yard breast stroke	60
61	11-12	100 yard breast stroke	62
63	Open	200 yard freestyle relay	64
65	8 /U	200 yard freestyle relay	66
67	11-12	200 yard freestyle relay	68

SESSION 5

Sunday, Nov. 15 - warm-ups @ 7:30 a.m.

69	9-10	50 yard freestyle	70
71	13-14	100 yard freestyle	72
73	9-10	100 yard butterfly	74
75	13-14	200 yard IM	76
77	9-10	50 yard breast stroke	78
79	13-14	100 yard breast stroke	80
81	Open	200 Back Stroke	82
83	9-10	100 yard backstroke	84
85	13-14	200 yard backstroke	86
87	9-10	200 yard medley relay	88
89	13-14	200 yard medley relay	90

SESSION 6

Sunday, Nov. 15 - warm-ups @ 1:00 p.m.

91	11-12	50 yard freestyle	92
93	Open	100 yard freestyle	94
95	8/U	100 yard freestyle	96
97	11-12	100 yard butterfly	98
99	Open	200 yard IM	100
101	8/U	50 yard butterfly	102
103	11-12	50 yard breast stroke	104
105	Open	100 yard breast stroke	106
107	11-12	100 yard backstroke	108
109	8/U	50 yard backstroke	110
111	11-12	200 yard medley relay	112
113	Open	200 yard medley relay	114
115	8/U	200 yard medley relay	116