

NY SHARKS
Summer Relief LC
May 31th 2009

CLUB _____ CLUB CODE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COACH _____

CLUB CONTACT _____

PHONE _____ FAX _____

Email _____

EVENT SUMMARY:

Total Timed Finals Individual Events _____ X \$4.00= _____

CHECKS ARE PAYABLE TO NY SHARKS

MAIL TO

Waiver: USA Swimming, Inc.; Metropolitan Swimming, Inc.; Felix Festa School, NY Sharks; their agents or representatives shall be held FREE AND harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (club official) _____

NO ENTRIES WILL BE PROCESSED WITHOUT THIS SIGNED WAIVER!!!!!!



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Sanction The meet is sanctioned under USA Swimming and Metropolitan Swimming Inc.

Sanction # 090508

Hosted by New York Sharks

Location:

Felix Festa Middle School Clarkstown, NY
30 Parrott Road, West Nyack, NY 10994

Warm-ups: Metro warm -up procedures will be in effect for this meet. Pool will be used for general warm-ups with feet first entry only.

Meet marshals will be on deck to enforce warm-up procedures.

Phone #, Email address and name of contact MUST be included in contact info.

Facility: 8 lane 50-meter pool with non-turbulent lane dividers. Colorado timing system will be used. 8 lanes Colorado timing scoreboard will be used.

Hy-Tek meet manager computer will be used to conduct the meet.

Format: All events are time finals. Entries are on a first come first served basis and also include Teams entering all sessions will have priority over teams not entering the entire meet. Then the meet will be cut to maintain the 4-hour time limit by time. All entries exceeding this limit will be returned.

Please include e-mail address. All entries must be received by May 20th for Metro Teams and May 22, 2009 for all other out of LSC teams. Entries will not be considered received and accepted without full payment of fees. **Metro LSC clubs will be given priority** on a first come/first serve basis. If you would like to receive an invite please e-mail: SummerRelief09@gmail.com

Swimmers with disabilities are encouraged to attend. Contact the meet director **Robert Ficarelli** at, SummerRelief09@gmail.com if you need special consideration..

USA Swimming, Inc., Metropolitan Swimming, Inc., Felix Festa Middle School, New York Sharks Swim Club and their agents or representatives shall be held free and harmless from all liabilities or claims or damages arising by reason of injuries to anyone during conduct of this event.

ALL ENTRIES MUST BE ON HY-TEK DISK AS PER METRO RULES!

Phone #, Email address and name of contact MUST be included in contact info.

All registered Metro teams and all teams from other LSC's are invited.

Entry limit: Swimmers will be limited to **3 events per session**. Cuts may be made by time. Heats may be limited to 10 heats or 80 swimmers. Open 400IM will be limited to 4 heats or 32 swimmers per gender. **NT's** will **NOT** be **accepted**.

Scratches: Coaches will receive a list of swimmers by session. Swimmers must be scratched 30 minutes prior to the start of the session including 10 and under session.

Entry Fees: \$4.00 (Four dollars) per event

Entry fee payment must accompany entries. Make checks payable to

New York Sharks

Mail Entries:

NY Sharks

PO Box 217

Suffern, New York 10901

FED EX, UPS, AND EXPRESS MAIL MUST SIGN SIGNATURE WAIVER!

Email entries: SummerRelief09@gmail.com

NT's will NOT be accepted.

Phone #, Email address and name of contact MUST be included in contact info.

Entries **MUST** be sent on Hy-tek disk. Please include a printout. Include phone #, Email address and name of contact. Entry Files may be e-mailed, however, waiver and payment must be received by entry deadline for entries to be recognized.

NY Sharks reserve the right to enter their swimmers regardless of times. No deck entries will be allowed.

Admission: \$5.00 per person and Programs \$3.00.

Parking: Free parking on campus.

Spectators: Only swimmers, coaches and officials will be allowed on deck. Everyone else must remain in the spectator area.

The USA Swimming Code of Conduct is in effect for the duration of the meet.

REGULATIONS PROHIBIT SMOKING IN ANY BUILDING ON *Felix Festa Middle School* AND WITHIN 50 FEET OF ANY ENTRANCEWAYS.

NO FOOD IS ALLOWED ON DECK. LIQUID REFRESHMENTS MAY BE CONSUMED FROM PLASTIC BOTTLES.

NO GLASS OR JUICE BOXES ARE ALLOWED.

Concessions: the meet host will serve food and beverages.

Insurance: All swimmers must be currently registered with USA swimming. Unregistered or Improperly registered entries will be scratched as per metro rules. It will be the responsibility of the athlete's coach to correct registration issues.

Rules: Current USA Swimming rules will govern this meet.

Age: Age group will be determined by the swimmer's age as of the first day of the meet.

Awards: Medals 1st-3rd place and ribbons 4th-8th places in all age groups.

Awards will be given only to a coach or team representative at the end of each session.

All awards for each team must be picked up.

No awards will be mailed, except in case of computer failure.

Any officials interested in helping out at the meet, please contact Tina Ficarelli at mommiefic@yahoo.com

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Saturday, Morning May 31st, 2009

Warm-up 7:00am Start 7:45am

GIRLS	EVENT	BOYS
1	10 & Under 200 IM	2
3	10 & Under 100 Freestyle	4
5	10 & Under 100 Breaststroke	6
7	10 & Under 100 Backstroke	8
9	10 & Under 100 Butterfly	10

Saturday, Mid-Day May 31st, 2009

Warm-up 11:15am Start 12:15pm

GIRLS	EVENT	BOYS
11	11-12 200 IM	12
13	11-12 100 Freestyle	14
15	11-12 100 Breaststroke	16
17	11-12 100 Backstroke	18
19	11-12 100 Butterfly	20

Saturday, Afternoon May 31st, 2009

Warm-up 4:30pm Start 5:30pm

GIRLS	EVENTS	BOYS
21	Open 200 IM	22
23	Open 200 Freestyle	24
25	Open 200 Butterfly	26
27	Open 200 Backstroke	28
29	Open 200 Breaststroke	30
31	Open 400 IM	32