



**Newburgh Sharks Blue & Gold Swim Meet
December 12-13, 2009
091204**

Newburgh Sharks Blue & Gold Swim Meet

December 12-13, 2009

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #091204
- LOCATION:** [Newburgh Free Academy Natatorium](#)
201 Fullerton Ave. Newburgh, NY 12550
- FACILITY:** Newburgh Free Academy Natatorium is a 25-Yard pool with 6 lanes, non-turbulent lane dividers, and Colorado Timing System with IST display scoreboard. There is seating for 350 spectators. The pool **has not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** [Session 1 & 3: Warm-up 7:30am, Meet Starts 9:00am](#)
[Session 2 & 4: Warm-up 1:00pm, Meet Starts 2:00pm](#)
- FORMAT:** [All events are timed finals.](#)
Seeding will be conducted at the beginning of each session utilizing a scratch sheet procedure.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on [December 12, 2009](#) will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** [Swimmers may enter a maximum of 3 individual events per session.](#)
[Entries will be accepted on a first come, first serve basis. All entries must be submitted with Hy-Tek Team Manager.](#)
U.S. Mail Entries/Payment to: [40 Balmville Rd. Newburgh, NY 12550](#)
Email Entries/Confirm Entry Receipt: wakeupswim@aol.com
[Signature waiver required for express mail.](#)
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by [Friday, November 6th, 2009.](#)
2: The final entry deadline for this meet is [Friday, November 27th, 2009.](#)
3: Metro entries received between [November 6th](#) and [November 27th](#) and all entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of [\\$3.00](#) per individual event and \$8.00 per relay must accompany the entries.
Make check payable to: [Newburgh Sharks.](#)
Payment must be received by [Friday, December 4th](#) for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** [General warm-up procedures will be in effect.](#)
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** [High point trophies will be awarded for 8 & Under, 9-10, 11-12, and 13-14 age groups. Trophies will](#)

be awarded based solely on performance in age group events. Custom bag tags will be awarded for 1st through 6th place in age group events. There will be no awards for open events. Bag tags will be awarded for the top 3 relays. First, second, and third place team awards will also be awarded.

OFFICIALS: Meet Referee: [Mike Gartman, mgartman@verizon.net](mailto:mgartman@verizon.net)
Officials wishing to volunteer should contact Meet Referee by **Friday, December 4th**.

MEET DIRECTOR: [Becky Trenz](#)
Phone: 914-32-8918
Email: wakeupswim@aol.com

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against [the Newburgh Sharks, the Newburgh Enlarged City School District](#), Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

ADMISSION: **\$5.00 per session – will include a meet program.**

MERCHANTS: **There will be a food concession stand open for the duration of the meet.**

PARKING: **There is ample parking in school lots located off of Fullerton Ave. and Gidney Ave. Please follow the City of Newburgh parking guidelines if parking on street. The Newburgh Sharks will not be held responsible if your car is ticketed or towed.**

DIRECTIONS: **From 84E: Exit 10, right onto 9W South (Robinson Ave.), right on South St. NFA will be on your right.**
From 84W: Exit 10, bear right off the ramp, right onto 9W South (Robinson Ave.), right on South St. NFA will be on your right.
Address for MapQuest: 201 Fullerton Ave. Newburgh, NY 12550

ORDER OF SWIMMING EVENTS:

Session 1: Saturday AM December 12th

Warm-Up: 7:30am
Meet Starts: 9:00am

- | | | |
|-----|--------------------------|-----|
| 1. | OPEN 400 I.M. | 2. |
| 3. | 11/12 50 FREE | 4. |
| 5. | 9/10 100 FREE | 6. |
| 7. | 11/12 100 BREAST | 8. |
| 9. | 9/10 50 BREAST | 10. |
| 11. | OPEN 200 BACK | 12. |
| 13. | 11/12 100 FLY | 14. |
| 15. | 9/10 50 FLY | 16. |
| 17. | 11/12 200 FREE RELAY | 18. |
| 19. | 10/ UNDER 200 FREE RELAY | 20. |

Session 2: Saturday PM December 12th

Warm-Up: 1:00pm
Meet Starts: 2:00pm

- | | | |
|-----|----------------------|-----|
| 21. | 8/U 100 FREE | 22. |
| 23. | OPEN 50 FREE | 24. |
| 25. | 13/14 50 FREE | 26. |
| 27. | 8/U 50 BREAST | 28. |
| 29. | OPEN 100 BREAST | 30. |
| 31. | 13/14 200 BREAST | 32. |
| 33. | 8/U 50 FLY | 34. |
| 35. | OPEN 100 FLY | 36. |
| 37. | 13/14 100 FLY | 38. |
| 39. | 8/U 100 FREE RELAY | 40. |
| 41. | OPEN 400 FREE RELAY | 42. |
| 43. | 13/14 400 FREE RELAY | 44. |

Session 3: Sunday AM December 13th

Warm-Up: 7:30am
Meet Starts: 9:00am

- | | | |
|-----|------------------------|-----|
| 45. | 11/12 100 FREE | 46. |
| 47. | 9/10 50 FREE | 48. |
| 49. | OPEN 200 BREAST | 50. |
| 51. | 11/12 100 BACK | 52. |
| 53. | 9/10 100 BACK | 54. |
| 55. | OPEN 200 FLY | 56. |
| 57. | 11/12 200 I.M. | 58. |
| 59. | 9/10 200 I.M. | 60. |
| 61. | 11/12 200 MEDLEY RELAY | 62. |
| 63. | 10/U 200 MEDLEY RELAY | 64. |

Session 4: Sunday PM December 13th

Warm-Up: 1:00pm
Meet Starts: 2:00pm

- | | | |
|-----|-----------------------------|-----|
| 65. | 8/U 50 FREE | 66. |
| 67. | OPEN 100 FREE | 68. |
| 69. | 13/14 200 FREE | 70. |
| 71. | 8/U 50 BACK | 72. |
| 73. | OPEN 100 BACK | 74. |
| 75. | 13/14 100 BACK | 76. |
| 77. | 8/U 100 I.M. | 78. |
| 79. | 13/14 200 I.M. | 80. |
| 81. | 8/UNDER 100 MEDLEY
RELAY | 82. |
| 83. | OPEN 400 MEDLEY RELAY | 84. |
| 85. | 13/14 400 MEDLEY RELAY | 86. |