



# Condors July Jubilee LC Invitational

July 10-12, 2009

Felix Festa Middle School Pool

30 Parrott Road

West Nyack, NY 10994

Sanction #090709

There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing. Detailed directions are attached.

## **Eligibility:**

This invitational is open to all clubs in Metro and other LSCs'. All swimmers must be registered with USA Swimming. Age as of July 10, 2009 will determine event eligibility. Swimmers with disabilities are encouraged to participate. Please advise our meet director of any special accommodations. The host team reserves the right to keep their swimmers entered.

Swimmers may be entered in 3 individual events and up to two relays per day.

## **Entries:**

All entries must be submitted in a Hy-Tek file to **MeetEntries@condorsswimming.com**. Entries will be entered on a first come first served basis. Please include the following with all entries: Coach's name, e-mail address, telephone number.

A meet manager entries report will be emailed back as confirmation of receipt. Coaches, please contact **office@condorsswimming.com** or call 845-638-4381 if you do not receive such a report within 2 days of your original email.

## **Rules:**

USA Swimming Code of Conduct is in effect during the swim meet. All events are TIMED FINALS. Entries must be sent in as LCM only. SCM and Yard times may be converted for entries. If time permits, time trials may be offered at the discretion of the meet director. No NT's will be accepted.

**Deadline:** Entry files must be received by Tuesday, June 30<sup>th</sup>.

**Entry Fees:** \$4.00 per individual event.  
\$8.00 per relay event.  
\$5.00 per time trial event, if time permits.  
Make checks payable to: Condors Swim Club  
Please mail meet fees along with a hard copy of entries to:  
**Condors Swim Club**  
**115 North Main Street**  
**New City, NY 10956**  
Sign Express Mail Waiver allowing delivery without signature.

**Disabled Swimmers:**

Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

**Awards:** Medals for 1<sup>st</sup>-3<sup>rd</sup> place.  
Ribbons for 4<sup>th</sup>-8<sup>th</sup> place.

**Pool:** 50 meter pool with 7-foot lanes and non-turbulent lane lines.  
Daktronics electronic timing system and an 8-line scoreboard.  
Seating for 800 spectators.

**Warm-Up:** Warm-up lanes will be organized by age group and team.  
Lane assignments will be available prior to the meet. First 40 minutes will be general warm-up.  
Last 20 minutes: lanes 2-7 will be open for one-way sprints; lanes 1 & 8 will remain open for general warm-up. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.

**Scratches:** Scratches will be due 30 minutes before each published session start time. Metropolitan Scratch Procedures will be followed. Please consult your guidelines. Once a swimmer is scratched they will not be re-entered. If a swimmer is a NO SHOW for an event they will be scratched from their next event. If a swimmer is a NO SHOW for the last event of the day they will be scratched from their first event of the next session.

- Officials:** Meet Referee: Mike Natale, contact email **mfnn45@optonline.net**. All officials willing to help are greatly welcomed. Please contact Flick Marinello at **flickdance@msn.com** if you are interested in volunteering.
- Meet Director:** Bob Carlucci, contact information phone: 845-638-4381, email **Robert.Carlucci@CondorsSwimming.com**
- Protests:** All competition – related protests, including protests concerning eligibility and representation, must be made to the Referee and submitted in writing within 30 minutes after the race in which the alleged infraction occurred. Protests will be handled at the time they are presented to the Meet Director.
- Spectators:** Only swimmers, coaches with current USA Swimming certification credentials, and officials will be allowed on deck.
- Admission:** \$5.00 Adults/session  
\$3.00 Program/session
- Food:** Food and glass bottles are NOT permitted on the pool deck. There is a concession stand. Catered hospitality will be provided all coaches and officials.
- Vendor:** Metro Swim Shop will be available with swimming merchandise throughout the meet.
- Conditions:** Upon acceptance of his/her entries, the participant waives all claims against the Clarkstown Central School District, Condors Swim Club USA Swimming, the Metropolitan Swimming Committee, and their agents or representatives for any injury occurring as a result of attending the meet.
- Decorum:** Each club is requested to handle its own team and discipline problems. Anyone found vandalizing Clarkstown Central School District property, stealing, or otherwise displaying disorderly conduct, will be subject to disqualification, ejection from the meet, and possible criminal prosecution. Please respect our facility and our volunteers by cleaning your teams seating area after the session has ended.

## Directions

**From North of Rockland County:** Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

**From the George Washington Bridge:** Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

**From the Tappan Zee Bridge:** Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow **Germonds Road** through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.



Friday Morning – Session One  
Warm-up 8:00 am / Start 9:00 am

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1	13 - 14 200M Medley Relay	2
3	10 & Under 100M Freestyle	4
5	13 - 14 100M Freestyle	6
7	10 & Under 50M Breaststroke	8
9	13 - 14 100M Breaststroke	10
11	10 & Under 50M Backstroke	12
13	13 - 14 100M Butterfly	14
15	10 & Under 400M Freestyle	16
17	13 - 14 400M Freestyle	18

Friday Afternoon – Session Two  
Warm-up 1:30 pm / Start 2:30 pm

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
19	11 - 12 200M Medley Relay	20
21	15 & Over 200M Medley Relay	22
23	11 - 12 100M Freestyle	24
25	15 & Over 100M Freestyle	26
27	11 -12 100M Breaststroke	28
29	15- 18 100M Breaststroke	30
31	11- 12 50M Backstroke	32
33	15 & Over 100M Butterfly	34
35	11 -12 200M Butterfly	36
37	15 & Over 400M Freestyle	38
39	11 - 12 400M Freestyle	40

Saturday Morning – Session Three  
 Warm-up 8:00 am / Start 9:00 am

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
41	10 & Under 50M Butterfly	42
43	13 - 14 200M Freestyle	44
45	10 & Under 200M Freestyle	46
47	13 - 14 200M Butterfly	48
49	10 & Under 100M Breaststroke	50
51	13 -14 100M Backstroke	52
53	10 & Under 100 Backstroke	54
55	13 - 14 400 Individual Medley	56
57	10 & Under 200 Freestyle Relay	58
59	13 - 14 400 Freestyle Relay	60

Saturday Afternoon – Session Four  
 Warm-up 1:30 pm / Start 2:30 pm

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
61	11 -12 200M Freestyle	62
63	15 & Over 200M Freestyle	64
65	11 -12 50M Breaststroke	66
67	15 -18 200M Breaststroke	68
69	11 - 12 100M Backstroke	70
71	15 & Over 100M Backstroke	72
73	11 -12 50M Butterfly	74
75	15 & Over 400M Individual Medley	76
77	11 - 12 200M Breaststroke	78
79	15 & Over 400M Freestyle Relay	80
81	11 - 12 400M Freestyle Relay	82
83	11 - 12 400 Individual Medley	84

Sunday Morning – Session Four  
Warm-up 8:00 am / Start 9:00 am

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
85	13 - 14 200M Freestyle Relay	86
87	10 & Under 200M Medley Relay	88
89	13 - 14 200M Backstroke	90
91	10 & Under 200M Individual Medley	92
93	13 - 14 200M Individual Medley	94
95	10 & Under 50M Freestyle	96
97	13 - 14 50M Freestyle	98
99	10 & Under 100M Butterfly	100
101	13 - 14 200M Breaststroke	102
103	10 & Under 400M Freestyle Relay	104
105	13 - 14 400M Medley Relay	106

Sunday Afternoon – Session Five  
Warm-up 1:30 pm / Start 2:30 pm

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
107	11 -12 200M Freestyle Relay	108
109	15 & Over 200M Freestyle Relay	110
111	11 - 12 200M Backstroke	112
113	15 & Over 200M Backstroke	114
115	11- 12 200M Individual Medley	116
117	15 & Over 200M Individual Medley	118
119	11 -12 50M Freestyle	120
121	15 & Over 50M Freestyle	122
123	11 -12 100M Butterfly	124
125	15 & Over 200M Butterfly	126
127	11 -12 400 Medley Relay	128
129	15 & Over 400 Medley Relay	130