



**The Hauppauge Swim Club  
Presents:  
November One Day Meet  
November 23, 2008  
USA Swimming Sanction 081103**

SESSION 1 – 7AM warm-up 8AM Start – Age groups – 11-12, 13-14  
SESSION 2 - 1PM warm-up 2PM Start – Age groups – 8 under, 9-10, 15-18

**SITE:** Hauppauge High School Ron Bellucci Natatorium.

**DIRECTIONS:** Long Island Expressway, Exit #57. Vets Highway. West on Vets Highway to Lincoln Blvd. North on Lincoln Blvd., high school on the left.

Detailed directions can be found at

<http://haupaugeswimclub.com/directions/hauppauge.html>

**ELIGIBILITY:** Competitors must be registered with USA Swimming. Age as of November 23, 2008 will determine eligibility. Swimmers with disabilities are strongly encouraged to attend. Please advise our meet directors if any special accommodations will be necessary.

**POOL:** The pool at Hauppauge High School is 25 yards and has 6 lanes with non-turbulent lane lines. Colorado Electronic Timing System and 6 line electronic scoreboard will be used. We have a large comfortable spectator area and a large deck.

**RULES: USA Swimming Code of Conduct is in effect for the duration of the meet.** Current USA Swimming Rules will govern the meet. All events are timed finals. Deck seeding will be used. Scratches must be received no later than 30 minutes before the start of each session. Entries will be accepted on a first come first served basis and cuts to keep within the 4-hour session time limit will be made in the same manner.

**WARM-UP:** Teams will be assigned lanes to be used as they wish for their swimmers.

Warm-ups will be broken into 20-minute time intervals.

**ENTRIES:** The meet will be run on computer using Hy-Tek's Meet Manager. Entry fees are 3.00 per individual event. All events are timed finals. **ALL ENTRIES MUST BE IN YARDS!! NT's WILL NOT BE ACCEPTED. SWIMMERS MAY BE ENTERED IN A MAXIMUM OF 3 EVENTS PER DAY.** E-mailed entries are encouraged, using Hy-Tek software. Please include a printout of the entry sheet with the entries. All e-mail entries will be acknowledged with an e-mail reply. Please send to the following e-mail address: **[haameets@optonline.net](mailto:haameets@optonline.net) Brian Wendland 631-678-1413.**

If mailing your entries, they must be on a disk, with the master sheet included. **Please sign the "signature waiver" for entries sent by Express Mail.** If verification is requested, please send a self-addressed, stamped postcard. In addition, there is a \$1.00 surcharge for any entries not sent on disk.

Make **Checks** payable to **Hauppauge Athletic Association** and mail with entries to:

Brian Wendland-Hauppauge Swim Club  
22 Grassy Pond Drive  
Smithtown, NY 11787

**All entries must be received no later than Saturday, November 17<sup>th</sup>, 2008.**

Be sure to include coach's name, email and telephone number with entry.

**DEADLINES:** Metropolitan LSC teams will be given priority and entered on a first come first serve basis if their entries are received by November 8<sup>th</sup>, 2008 at 8pm. Teams outside Metro LSC will be entered on November 9<sup>th</sup> in the order they were received, prior to and including November 3<sup>rd</sup>. All entries received after November 8<sup>th</sup>, 2008 at 8pm will be entered in the order they were received, regardless of LSC affiliation, as space allows. Entries will not be accepted after Saturday November 17<sup>th</sup> at 8pm or after the meet fills to capacity.

Any questions concerning this meet please contact:

Meet Director – Brian Wendland– [haameets@optonline.net](mailto:haameets@optonline.net) (631) 678-1413  
Head Coach - Ray Willie - [sweem@optonline.net](mailto:sweem@optonline.net) (631)-871-1765

**AWARDS:** Medals 1-3, ribbons 4-6. Each Heat Winner will receive a ribbon.

**ADMISSION:** \$5.00 Admission. \$2 Program.

**REFRESHMENTS:** A complete snack bar will be available in the lobby area, during the meet. This will include bacon and egg sandwiches for breakfast and complete hot meals for lunch and dinner. No glass is allowed anywhere in the building.

SUFFOLK COUNTY HEALTH REGULATIONS PROHIBIT SMOKING IN ANY SCHOOL BUILDING or GROUNDS.

**Vendors:** There will be a vendor available on site for the purchase of suits, bags, towels, shampoos, goggles and apparel.

**Parking in SOUTH lot only for the entire meet. This includes all coaches. The Hauppauge School district has asked us to abide by this parking rule as other events are going on this very busy weekend. We will have parents in the lot to direct traffic. We ask that you cooperate with their directions. The lot will be labeled "SWIM MEET PARKING". Handicapped parking only is permitted in the north lot.**

**CONDITIONS:** Upon acceptance of his/her entries, the participant waives all claims against the Hauppauge Athletic Association, Metropolitan Swimming, USA Swimming, their agents or representatives for any injury occurring as a result of the meet.

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USA Swimming Sanction

CLUB: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

CLUB CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

Entry Fees: Make check payable to: **Hauppauge Athletic Association**

Total Individual Events \_\_\_\_\_ x \$3.00  
= \_\_\_\_\_

**TOTAL DUE to HAA**

\_\_\_\_\_

Mail to: Brian Wendland-22 Grassy Pond Drive Smithtown, NY 11787

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Email entries – [HAAMEETS@optonline.net](mailto:HAAMEETS@optonline.net)

**(Please sign the "signature waiver" on envelope for entries sent by Express Mail.)**

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., Hauppauge Athletic Association Swim Club, Hauppauge School District or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) \_\_\_\_\_

No entries will be processed without this signed waiver

**Hauppauge Swim Club  
November 23, 2008**

**Session 1  
Warm-up 7AM  
Start 8AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	11-12 100 Free	2
3	13-14 200 Free	4
5	11-12 50 Breast	6
7	13-14 100 Breast	8
9	11-12 50 Fly	10
11	13-14 100 Fly	12
13	11-12 50 Free	14
15	13-14 50 Free	16
17	11-12 100 Back	18
19	13-14 200 Back	20

**Session 2  
Warm-Up 1pm  
Start 2PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
21	8 and under 50 Fly	22
23	9-10 50 fly	24
25	15-18 100 Fly	26
27	8 and Under 50 Back	28
29	9-10 50 Back	30
31	15-18 200 Back	32
33	8 and Under 50 Free	34
35	9-10 100 Free	36
37	15-18 50 Free	38
39	9-10 100 Breast	40
41	15-18 200 Breast	42
43	9-10 100 IM	44
45	15-18 200 IM	46

**If Time allows there will be time trials after each session.**