

Empire Swimming & NY Sharks Winter Invitational January 12-13, 2008

Sanction The meet is sanctioned under USA Swimming and Metropolitan Swimming Inc.

Sanction 080105

Hosted by New York Sharks & Empire Swimming

Location: *Felix Festa Middle School Clarkstown, NY
30 Parrott Road, West Nyack, NY 10994*

Warm-ups: Metro warm –up procedures will be in effect for this meet. Pool will be used for general warm-ups with feet first entry only. The back pool will be open for warm up / cool down.

Meet marshals will be on deck to enforce warm-up procedures.

Facility: 8 lane 25-yard pool with non-turbulent lane dividers. Daktronics timing system with 8 lane Daktronics timing scoreboard will be used. Hy-Tek meet manager computer will be used to run the meet.

Format: All events are time finals.

Entries: Entries are on a first come first served basis and due by JANUARY 2, 2008. Metro rules require entries for all meets be on Hy-Tek.

Entry limit: Swimmers will be limited to 4 events per session.

!! Empire / NY Sharks reserve the right to limit entries in the following events to maintain the 4 hour session limit (entries will be cut by time if necessary)

9-10 200 free, 11-12 200 free, 13-14 200 free, open 200 free

Entry Fees: \$3.00 per event

Entry fee payment must accompany entries. **Make checks payable to Empire Boosters, Inc.**

Mail Entries: Please include e-mail address!

Ilan Noach

45 Montross St.

White Plains, NY 10603

Email Entries: coach@empireswimming.com

Entries MUST be sent on Hy-tek disk or Hy-Tek entry file. Please include a printout. Include phone #, Email address and name of contact. Entry Files may be e-mailed; however payment must be received by entry deadline for entries to be recognized.

Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.

Admission: \$5.00 per person and Programs \$3.00 per person

Parking: Free parking on campus.

Spectators: Only swimmers, coaches and officials will be allowed on deck. Everyone else must remain in the spectator area.

REGULATIONS PROHIBIT SMOKING IN ANY BUILDING at *Felix Festa Middle School* AND WITHIN 50 FEET OF ANY ENTRANCEWAYS.

NO FOOD IS ALLOWED ON DECK. LIQUID REFRESHMENTS MAY BE CONSUMED FROM PLASTIC BOTTLES. NO GLASS OR JUICE BOXES ARE ALLOWED

Concessions: the meet host will serve food and beverages.

Insurance: All swimmers must be currently registered with USA swimming.

Unregistered or Improperly registered entries will be scratched as per metro rules. It will be the responsibility of the athlete's coach to correct registration issues)

Rules: Current USA Swimming rules will govern this meet.

The USA Swimming Code of Conduct is in effect for the duration of the meet.

Age: Age group will be determined by the swimmer's age as of the first day of the meet.

Awards: Medals 1st-3rd place and ribbons 4th-8th places in all 12 & under age groups. Awards will be given only to a coach or team representative at the end of each session.

All awards for each team must be picked up.

No awards will be mailed, except in case of computer failure.

EMPIRE - NEW YORK SHARKS

4 events per session

Saturday Jan 12

Warm-up 7:30 AM Start 8:30 AM

Girls	Event	Boys
1	9-10 50 free	2
3	13-14 100 free	4
5	9-10 100 im	6
7	13-14 200 im	8
9	9-10 50 bk	10
11	13-14 200 bk	12
13	9-10 50 fly	14
15	13-14 100 fly	16
17	9-10 100 brst	18
19	13-14 200 brst	20
21	9-10 200 fr !!	22

Warm-up 1:00 PM Start 1:45 PM

8&Under

Girls	Event	Boys
23	8u 50 free	24
25	8u 50 bk	26
27	8u 50 fly	28
29	8u 50 brst	30
31	8u 100 im	32

Warm-up 4:00 PM Start 5:00 PM

Girls	Event	Boys
33	11-12 50 free	34
35	Open 50 free	36
37	11-12 100 im	38
39	Open 200 im	40
41	11-12 50 bk	42
43	Open 200 bk	44
45	11-12 50 fly	46
47	Open 200 fly	48
49	11-12 50 brst	50
51	Open 200 brst	52
53	11-12 200 free !!	54

EMPIRE - New York Sharks

Sunday January 13

Warm-up 7:30 AM Start 8:30 AM

Girls	Event	Boys
55	13-14 50 free	56
57	10u 100 free	58
59	13-14 100 bk	60
61	10u 100 bk	62
63	13-14 200 fly	64
65	10u 100 fly	66
67	13-14 100 brst	68
69	10u 50 brst	70
71	9-10 200 im	72
73	13-14 200 free !!	74

Warm-up 1:00 PM Start 2:00 PM

Girls	Event	Boys
75	11-12 200 im	76
77	Open 100 free	78
79	11-12 100 free	80
81	Open 100 bk	82
83	11-12 100 bk	84
85	Open 100 fly	86
87	11-12 100 fly	88
89	Open 100 brst	90
91	11-12 100 brst	92
93	Open 200 free !!	94