



2008 NYC Open

Invitational Meet – Sponsored by Speedo
Saturday-Sunday, November 8th–9th, 2008

Metro LSC Sanction # 081107

Hosted by Asphalt Green Unified Aquatics
AquaCenter – York Avenue & 91st Street

Saturday, November 8th LCM Prelims – Warm Up: 8:00 AM / Start: 9:00 AM / End: 12:15 PM

Womens #	15-16 Girls AAA Standard	Event	15-16 Boys AAA Standard	Mens #
1	2:14.99	200 Free	2:05.79	2
3	1:08.09	100 Fly	1:02.09	4
5	5:21.39	400 Ind. Med.	4:59.89	6
7	2:30.69	200 Back	2:18.69	8
9	1:19.49	100 Breast	1:13.09	10
11	29.19	50 Free	26.39	12

Saturday, November 8th LCM Prelims (800 Free) – Start: 12:15 PM / End: 2:00 PM

Womens #	15-16 Girls AAA Standard	Event	15-16 Boys AAA Standard	Mens #
13	9:44.09	800 Free** #	9:11.79	14

** Events 13 & 14 will be seeded fastest to slowest alternating Women / Men and may be limited to 3 heats (21 entrants) if necessary.

Saturday, November 8th SCY Finals – Warm Up: 2:45 PM / Start: 3:30 PM / End: 6:30 PM %

Womens #	Event	Mens #
113	1000 Free	114
1	200 Free	2
3	100 Fly	4
5	400 Ind. Med.	6
7	200 Back	8
9	100 Breast	10
11	50 Free	12

Top 8 qualifiers from the 800 Meter Free Prelims will swim in the 1000 Yard Free Final which will be the first event of the Finals session.

% Finals will feature 4 heats per event with a Bonus Final (8 swimmers) competing first, followed by a Consolation Final (6 swimmers), a Super Final (4 swimmers), and an Ultra Final (2 swimmers).

Sunday, November 9th LCM Prelims – Warm Up: 8:00 AM / Start: 9:00 AM / End: 1:00 PM

Womens #	15-16 Girls AAA Standard	Event	15-16 Boys AAA Standard	Mens #
15	2:33.39	200 Ind. Med.	2:22.89	16
17	1:09.89	100 Back	1:04.79	18
19	4:43.19	400 Free	4:26.09	20
21	2:50.19	200 Breast	2:39.69	22
23	2:29.09	200 Fly	2:18.09	24
25	1:02.89	100 Free	57.89	26

Sunday, November 9th – SCY Finals – Warm Up: 2:15 PM / Start: 3:00 PM / End: 5:30 PM %

Womens #	Event	Mens #
15	200 Ind. Med.	16
17	100 Back	18
119	500 Free	120
21	200 Breast	22
23	200 Fly	24
25	100 Free	26

% Finals will feature 4 heats per event with a Bonus Final (8 swimmers) competing first, followed by a Consolation Final (6 swimmers), a Super Final (4 swimmers), and an Ultra Final (2 swimmers).

<u>ENTRY FEES</u>	Individual Events: \$4.00 per event . Fees must accompany mailed entries and/or be paid in full by before the meet starts. Checks are payable to: Asphalt Green, Inc.
<u>MAIL ENTRIES</u>	Brian Brown, AGUA Head Coach 555 East 90 th Street New York, NY 10128 Email: MeetDirector@asphaltgreen.org
<u>ENTRY LIMIT</u>	Swimmers will be limited to 3 events per day for a total of 6 events for the entire meet. <u>Seeding will be by long course meter times only</u> (please convert your own times if necessary).
<u>BONUS EVENTS</u>	Swimmers will be permitted to enter bonus. There will be no bonus event time standards (coaches please use discretion). Bonus events will be awarded as follows: 1 qualifying time = 1 bonus event 2 qualifying times = 2 bonus events 3 qualifying times = 3 bonus events 4 qualifying times = 2 bonus events 5 qualifying times = 1 bonus event
<u>FORMAT</u>	The AAA times for the 15-16 age group from the 2009-2012 National Age Group Motivational Times will be used as qualification times for this meet. The meet will be Long Course Meters for Prelims and Short Course Yards for Finals. 20 swimmers return from Prelims: The Bonus Final will have 8 swimmers (13 th -20 th), the Consolation Final 6 swimmers (7 th – 12 th), the Super Final 4 swimmers (3 rd -6 th), and Ultra Final 2 swimmers (1 st -2 nd) in all events <u>except</u> the 1000 Freestyle. All swimmers in finals will score points. The 800 Freestyle events will swim fastest to slowest in prelims alternating Women and Men and <u>may</u> be limited to the top 21 entrants (3 heats) in order to fit the time allowed. The top 8 qualifiers from Prelims will swim in the 1000 Free in Finals as first event. The 1000 Free will be scored 1 st – 8 th .
<u>DEADLINE</u>	Entries must be received by <u>October 24, 2008</u> . Entries will be accepted in the order in which they are received. Cuts to keep within the time allowed for each session will be made as necessary. No session will exceed 4 hours.
<u>FACILITY</u>	Prelims: 1 x 7-lane 50-meter pool <u>plus</u> 1 x 50-meter lane separated by double lane lines designated for continuous warm up/warm down. Finals: 1 x 8-lane 25-yard pool for competition, with 2 x 20-yard lanes for continuous warm up/warm down.
<u>RULES</u>	Current USA Swimming rules are in effect. The USA Swimming Code of Conduct is in effect for the duration of the meet. Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.
<u>SCRATCHES</u>	Scratches are due 30 minutes before the start of the Prelims session each day.
<u>ELIGIBILITY</u>	All swimmers must be currently registered with USA Swimming. Registration will be verified with the Metro Office; no swimmers will be permitted to enter after the "recon" has been completed. Swimmers with disabilities are encouraged to attend. If you need special considerations contact the meet director.
<u>AWARDS</u>	Individual events: Medals 1 st -2 nd and Ribbons 3 rd -6 th ; Individual Female and Male High Point Awards; Overall Team Awards: 1 st -3 rd place trophy.
<u>QUESTIONS</u>	Email: MeetDirector@asphaltgreen.org or call Meet Director Brian Brown 212-369-8890 x 2234 or Coach Bridgette Cahill 212-369-8890 x 2235
<u>ADMISSIONS & PROGRAMS</u>	Adult Admission (18 & Over): \$4.00 per person. Session Program: \$3.00 per session
<u>SPECTATORS</u>	Only swimmers, coaches, officials and timers will be allowed on deck. No smoking is allowed in the building. No food or glass bottles are allowed on pool deck. Teams are required to police and maintain their areas on the pool deck.
<u>CONCESSIONS</u>	Refreshments will be available and must be consumed in the designated areas only. No food or glass bottles will be allowed on the pool deck or in the spectator area.
<u>PARKING</u>	The following garages are available for parking during the meet: The Hamilton – 1735 York Ave (90 th between York & 1 st Ave) \$10 from 6:00 am - 7:30 pm or The Andover – 1675 York Ave (88 th & 89 th York Ave) \$9.00 from 6:00 am - 7:00 pm weekdays and \$11.00 from 6:00 am - 7:00 pm weekends.