



## Summer In The Bronx Invitational Swim Meet

**Saturday-Sunday, June 7<sup>th</sup>-8<sup>th</sup>, 2008**  
**Metro LSC Sanction #080604**

Hosted by Asphalt Green Unified Aquatics  
Lehman College APEX Aquatic Center  
250 Bedford Park Boulevard West / Bronx, New York 10468

### Session #1 Saturday June 7 Warm Up – 8:00 a.m. / Start – 8:45 a.m.

Girls' #	Event	Boys' #
1	9-10 200 Meter Individual Medley	2
3	11-12 200 Meter Individual Medley	4
5	9-10 100 Meter Butterfly	6
7	11-12 50 Meter Butterfly	8
9	9-10 50 Meter Backstroke	10
11	11-12 100 Meter Backstroke	12
13	9-10 100 Meter Breaststroke	14
15	11-12 50 Meter Breaststroke	16
17	9-10 100 Meter Freestyle	18
19	11-12 100 Meter Freestyle	20
21	12 & U 400 Meter Individual Medley* <small>*Events 21 &amp; 22 may be limited to the top 21 entries. Positive check-in is required by the end of the warm up (8:45).</small>	22

### Session #2 Saturday June 7 Warm Up – 1:00 p.m. / Start – 1:45 p.m.

Girls' #	Event	Boys' #
23	Open 200 Meter Individual Medley	24
25	Open 100 Meter Butterfly	26
27	Open Women 400 Meter IM*   Open Men 400 Meter Free*	28
<small>*Events 27 &amp; 28 may be limited to top 35 swimmers after scratches.</small>		
29	Open 200 Meter Backstroke	30
31	Open 50 Meter Freestyle	32
33	Open 100 Meter Breaststroke	34
35	Open Women 800 Meter Freestyle** <small>**Event 35 may be limited to top 14 entries. Positive check-in is required by the end of warm-up (1:45).</small>	--

### Session #3 Sunday June 8 Warm Up – 8:00 a.m. / Start – 8:45 a.m.

Girls' #	Event	Boys' #
36	9-10 200 Meter Freestyle	37
38	11-12 200 Meter Freestyle	39
40	9-10 50 Meter Butterfly	41
42	11-12 100 Meter Butterfly	43
44	9-10 100 Meter Backstroke	45
46	11-12 50 Meter Backstroke	47
48	9-10 50 Meter Breaststroke	49
50	11-12 100 Meter Breaststroke	51
52	9-10 50 Meter Freestyle	53
54	11-12 50 Meter Freestyle	55
56	12 & U 400 Meter Freestyle* <small>*Events may be limited to the top 21 entries. Positive check-in is required by the end of the warm up (8:45).</small>	57

### Session #4 Sunday June 8 Warm Up – 1:00 p.m. / Start – 1:45 p.m.

Girls' #	Event	Boys' #
58	Open 200 Meter Freestyle	59
60	Open 100 Meter Backstroke	61
62	Open Women 400 Meter Free*   Open Men 400 Meter IM*	63
<small>**Events 62 &amp; 63 may be limited to top 35 swimmers (5 heats) after scratches</small>		
64	Open 200 Meter Butterfly	65
66	Open 100 Meter Freestyle	67
68	Open 200 Meter Breaststroke	69
--	Open Men 800 Meter Freestyle** <small>**Event 70 may be limited to top 14 entries. Positive check-in is required by the end of warm-up (1:45).</small>	70

#### ENTRY FEES

Individual Events: \$4.00 per individual event.  
Checks are payable to "Asphalt Green, Inc."

#### MAIL ENTRIES

Brian Brown  
AGUA Head Coach  
555 East 90th Street, New York, NY 10128  
212-369-8890 x2234  
Email: [bbrown@asphaltgreen.org](mailto:bbrown@asphaltgreen.org)

#### ENTRY LIMIT

Swimmers will be limited to 4 events per day.

#### ENTRY DEADLINE

Entries must be received by May 22, 2008.

#### FORMAT

All events are timed finals.  
This meet has an entry limit of 350 swimmers per session.  
Cuts to keep within the 4-hour session limit will be made as necessary.

#### SCRATCHES

Scratches are due 30 minutes before the session starts.

#### POSITIVE CHECK-IN (READ CAREFULLY!)

Swimmers will be required to check-in for the 400 Free, 400 IM, 800 Free and 1500 Freestyle events.  
The 400 IM and 400 Free may be limited to 5 heats (35 swimmers).  
The 800 Free and 1500 Free may be limited to 3 heats (21 swimmers).  
If a swimmer checks-in for a distance event and then does not get to swim due to cuts made in the event to stay within the 4-hour rule, teams will be refunded their entry fee.

#### ELIGIBILITY

All swimmers must be currently registered with USA Swimming.  
Registration will be verified with the Metro Office; no swimmers will be permitted to enter after the "recon" has been completed. Swimmers with disabilities are encouraged to attend. If you need special considerations contact the meet director.

#### FACILITY

1 x 7 lane 50-meter pool. An additional lane will be left open for continuous warm up/warm down at all times.

#### RULES & AGE

Current USA Swimming rules are in effect. The USA Swimming Code of Conduct is in effect for the duration of the meet. Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Age group is determined by the swimmer's age on the day of the meet.

#### AWARDS

Ribbons 1st-8th Place in all age groups. Awards will be given only to a coach or team representative at the end of the meet. All awards for each team must be picked up; not just specific individual awards. No awards will be mailed or forwarded, except in the case of computer failure.

#### ADMISSIONS & PROGRAMS

Adult Admission (18 & Over): \$4.00 / person  
Session Program: \$3.00 per session

#### PARKING

\$3.00 all-day parking at College Supervised Lot, (100 yards from APEX).  
Street parking is also available.

#### CONCESSIONS

Refreshments will be available and must be consumed in the designated areas only. No food or glass bottles will be allowed on the pool deck or in the spectator area.

#### SPECTATORS

Only swimmers, coaches, and officials will be allowed on deck. NO SMOKING ALLOWED IN THE BUILDING. NO FOOD OR GLASS BOTTLES ALLOWED ON POOL DECK. Teams are required to police and maintain their areas on the pool deck.

#### QUESTIONS

Brian Brown  
[bbrown@asphaltgreen.org](mailto:bbrown@asphaltgreen.org)  
(212) 369-8890 Ext. 2234

Bridgette Cahill  
[bcahill@asphaltgreen.org](mailto:bcahill@asphaltgreen.org)  
(212) 369-8890 Ext. 2235