

# WASHINGTONVILLE SEAHAWKS & DUTCHESS YMCA DEVILFISH

Proudly Host the

## NIFTY FIFTIES Season Starter Meet

MEET OCTOBER 6-7, 2007

AT

WASHINGTONVILLE HIGH SCHOOL POOL IN WASHINGTONVILLE

Sanctioned by Metropolitan Swimming # 071009

**SITE:** Washingtonville High school Pool in Washingtonville, New York. There is ample on site parking next to the pool. Detailed directions are attached.

**ELIGIBILITY:** All competitors must be registered with USA Swimming. Age as of the first day of the meet will determine event eligibility. Swimmers with disabilities are encouraged to enter. Please contact the meet director if you need special consideration.

**MEET DIRECTOR:** Chris Joyce (845) 457-6027

chris@joycenet.us

38 Corbett Rd.

Montgomery, NY 12549

**POOL:** 25-yard pool with 6 lanes with bulkhead and non-turbulent lane lines. There is seating for 300 spectators. Colorado electronic timing system and the 6- line scoreboard will be used.

**RULES:** The USA Swimming Code of Conduct is in effect for the duration of the meet. Swimmers are permitted up to 5 events per session maximum including relays. All events are timed finals.

**AWARDS:** Individual Events: medals 1-3 Ribbons 4-6. Coaches are to pick up their teams awards at the end of the meet

**SCRATCHES:** The meet will be deck seeded. Scratches will be due thirty (30) minutes before each published session start time. **Metropolitan Scratch Procedures will be followed. Please consult your GUIDELINES.** Coaches must make sure that their swimmers understand that once they are scratched, they will not be reentered in the meet.

Coaches should inform their swimmers to leave plenty of time for traffic, etc. The coach of a swimmer that was seeded in an event, and is a NO-Show (NS) in the event, must positively check the swimmer for the next days' events in order for that swimmer to be eligible to compete in the rest of the meet. Athletes who miss a race in which they were seeded and did not properly deck scratch **will be barred from their next individual event of the day.** If they miss their last event of the day they will be barred from their first event of the next day.

**WARM-UP:** The warm-up sessions will be organized by team, coaches may pickup warm-up sheets when they check-in. Sheets will also be posted by the official's area.

First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 and 5 will be open for one-way sprints. All other lanes will remain open for general warm-up. No diving will be allowed except in designated sprint lanes. All swimmers must be under direct supervision of the coach.

**DEADLINES:** Metropolitan LSC teams will be given priority and entered on a first come first served basis (if their entries are received no later than Sunday, September 23). All entries received after September 23rd will be entered in the order they were received, regardless of LSC affiliation, as space allows, until the deadline of Sunday, September 30.

**ENTRY FEES:** The cost is \$3.00 per individual event and \$6.00 per relay. All entries must be accompanied by a Master Sheet and payment. Make checks payable to: WSSC

**SUBMISSIONS:** Mail entries and checks to:

Washingtonville Seahawks

Attention: Elise Steffens

11 Pine Crest Road

Salisbury Mills, NY 12577

E-mail entries to: [ems106981@aol.com](mailto:ems106981@aol.com) <<mailto:ems106981@aol.com>> Please mail a hardcopy as well to insure accuracy of the emailed entries. **(Please sign the “signature waiver” on envelope for entries sent by Express mail).** The meet will be run on computer using Hy-Tek’s Meet manager. Please include the following with all entries Coach’s Name, e-mail address and phone number, Team Representative name, email address and phone number. No faxed entries will be accepted. No telephone entries will be accepted.

**CONCESSION:** A concession stand will be available in the spectator area during all sessions. Only drinks in plastic water bottles are allowed on the deck. ***Food or glass bottles will not be permitted on deck.***

**ADMISSION:** There will be an admission charge of \$3.00 for adults for each session or \$5.00 for the day on Saturday. Programs will be sold at each session.

**CONDITIONS:** Upon acceptance of his/her entries, the participant waives all claims against the Washingtonville Central School District, Washingtonville Seahawks Swim Club, Dutchess YMCA Devilfish Swim Club, USA Swimming, Metropolitan Swim Committee, their agents or representatives for any injury occurring as a result of the meet. Please return signed waiver form with entries. The afternoon session may start later if the morning sessions are over subscribed.

**OFFICIALS:** The host clubs would appreciate if any certified USA Swimming officials from teams who are entering the meet can volunteer to work the meet. Please contact Mark Amodio at 845-473-2034 or [amodio@vassar.edu](mailto:amodio@vassar.edu) if your officials are able to work the meet.

**TIMERS:** The host clubs will provide timers for all events except the Open 1650 Free on Sunday. Swimmers in that event must provide their own timers.

Washingtonville Seahawks and Dutchess YMCA Devilfish  
Nifty Fifties Season Starter Meet

Session 1: Saturday October 6, 2007

Warm-ups 8:00 AM

Session begins 9:00 AM

| Girls | EVENTS                      | Boys |
|-------|-----------------------------|------|
| 1     | 11/12 100 Free              | 2    |
| 3     | 9/10 50 Free                | 4    |
| 5     | 8 & Under 25 Free           | 6    |
| 7     | 11/12 50 Backstroke         | 8    |
| 9     | 9/10 50 Backstroke          | 10   |
| 11    | 8 & Under 25 Backstroke     | 12   |
| 13    | 11/12 100 Breaststroke      | 14   |
| 15    | 9/10 50 Breaststroke        | 16   |
| 17    | 8 & Under 25 Breaststroke   | 18   |
| 19    | 11/12 50 Butterfly          | 20   |
| 21    | 9/10 50 Butterfly           | 22   |
| 23    | 8 & Under 25 Butterfly      | 24   |
| 25    | 12 & Under 200 IM           | 26   |
| 27    | 10 & Under 100 IM           | 28   |
| 29    | 11/12 200 Medley Relay      | 30   |
| 31    | 10 & Under 200 Medley Relay | 32   |

Session 2: Saturday, October 6

Warm-up 1:00 PM

Session begins 2:00 PM

| Girls | EVENTS                 | Boys |
|-------|------------------------|------|
| 33    | Open 50 Free           | 34   |
| 35    | 13/14 50 Free          | 36   |
| 37    | Open 100 Breaststroke  | 38   |
| 39    | 13/14 100 Breaststroke | 40   |
| 41    | Open 100 Backstroke    | 42   |
| 43    | 13/14 100 Backstroke   | 44   |
| 45    | Open 100 Butterfly     | 46   |
| 47    | 13/14 100 Butterfly    | 48   |
| 49    | Open 200 IM            | 50   |
| 51    | 13/14 200 IM           | 52   |

|    |                        |    |
|----|------------------------|----|
| 53 | Open 200 Medley Relay  | 54 |
| 55 | 13/14 200 Medley Relay | 56 |

Session 3: Sunday, October 7

Warm-up 8:00 AM

Session begins 9:00 AM

| Girls | EVENTS                | Boys |
|-------|-----------------------|------|
| 57    | Open 400 IM           | 58   |
| 59    | 11/12 500 Free        | 60   |
| 61    | 10 and Under 500 Free | 62   |
| 63    | Open 500 Free         | 64   |
| 65    | Open 200 Backstroke   | 66   |
| 67    | Open 200 Breaststroke | 68   |

Session 4: Sunday October 7

Warm-up 1:00 p.m.

Session begins 2:00 p.m.

|    |                             |    |
|----|-----------------------------|----|
| 69 | Open 400 Free Relay         | 70 |
| 71 | 10 and Under 200 Free Relay | 72 |
| 73 | 11/12 200 Free Relay        | 74 |
| 75 | Open 1650 Free              | 76 |

**DIRECTIONS:**

From New York City:

Take the George Washington Bridge (Lower Level) to Route 4 (5 miles ) to Route 17 North (17 miles) to New York State Thruway I-87 North to exit 16. Pay toll and stay on Route 17 West to exit 130 (3 miles). Exit 130 (Washingtonville/Monroe Route 208).

Exit will split take the right side which is Route 208 North. Take Route 208 North approximately 8 miles to intersection of Route 94. (There is a Chase Banks on your left and a Library in front of you on the left). Make a left onto Route 94 and approximately ¼ mile on the right is the entrance to the high school (You will pass the middle school first the 2nd driveway after the middle school is the entrance). Make a right into the driveway and drive straight back and up the hill. The pool is the the rear of the high school.

For local Directions please e-mail [ems106981@aol.com](mailto:ems106981@aol.com) <<mailto:ems106981@aol.com>>

**Washingtonville Seahawks and Dutchess YMCA Devilfish  
Nifty Fifties Season Starter Meet  
OCTOBER 6-7, 2007**

**CLUB:** \_\_\_\_\_ **CLUB CODE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_

**ZIP:** \_\_\_\_\_

**COACH:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **E-MAIL ADDRESS:** \_\_\_\_\_

**CLUB CONTACT:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **E-MAIL ADDRESS:** \_\_\_\_\_

**Entry Fees:** Make check payable to: **WSSC**

Total Individual Events \_\_\_\_\_ x \$3.00 = \_\_\_\_\_

Total Relay Events \_\_\_\_\_ x 6.00 = \_\_\_\_\_

**TOTAL AMOUNT DUE** \_\_\_\_\_

**Due no later than Monday, October 1, 2007**

**Mail to:** Washingtonville Seahawks

Attention: Elise Steffens

11 Pine Crest Road

Salisbury Mills, NY 12577

**(Please sign the "signature waiver" on envelope for entries sent by Express Mail.)**

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., The Washingtonville Seahawks, The Dutchess YMCA Devilfish, the Washingtonville Central School District, their agents or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) \_\_\_\_\_

No entries will be processed without this signed waiver.