

NY SHARKS
2007- MR-Red-White-Blue Invitational
July 6-8-2007

CLUB _____ CLUB CODE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COACH _____

CLUB CONTACT _____

PHONE _____ FAX _____

Email _____

EVENT SUMMARY:

Total Timed Finals Individual Events _____ X \$4.00= _____

CHECKS ARE PAYABLE TO NY SHARKS

MAIL TO Robert Ficarelli
 30 Tamar Drive
 Valley Cottage, NY 10989

Waiver: USA Swimming, Inc.; Metropolitan Swimming, Inc.; Felix Festa School, NY Sharks; their agents or representatives shall be held FREE AND HARMLESS from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (club official) _____

NO ENTRIES WILL BE PROCESSED WITHOUT THIS SIGNED WAIVER!!!!!!

NY SHARKS
2007- MR-Red-White-Blue Invitational
July 6-8-2007

Sanction # 070705

Held under the sanction of the Metropolitan Swim Committee, an association of USA Swimming, Inc.

- Site:** Felix Festa Middle School. The pool is 8 lanes, 50 Meters, with non-turbulent lane dividers and Datronics timing system. There is ample seating.
- Parking:** Is available within a short walking distance from the pool.
- Rules:** US Swimming rules govern this meet. All events are timed finals. Metropolitan Association scratch rules will be in effect for this meet.
- Eligibility:** All swimmers must be USS registered. Age as of the first day of the meet determines the competition age group. Swimmers with disabilities are encouraged to Participate.
- Fees:** Individual events are \$4.00

Mail entries and fees to

Robert Ficarelli
30 Tamar Drive
Valley Cottage, NY 10989

845-268-9136

E-mail: NYS_Red_White_Blue_2007@Yahoo.Com

FED EX, UPS, AND EXPRESS MAIL MUST SIGN SIGNATURE WAIVER!

Entries: **MUST** be sent on Hy-tek disk. Please include a printout. **Include phone # , Email address and name of contact.** Entry Files may be e-mailed, however, waiver and payment must be received by entry deadline for entries to be recognized. **PLEASE NOTE: A club official must sign the waiver for the NY Sharks on the front cover sheet in order for your entries to be accepted.**

ALL ENTRIES MUST BE IN METERS!! NT's will not be accepted

All registered Metro teams and all teams from other LSC's are invited.

Entries will not be accepted after June 20, 2007 8:00pm or after the meet fills to capacity.

SLOWER TIMES THEN 15-18 JO CUTS

Swimmers will be allowed to swim ONLY 3 (three) events per session

NY Sharks reserves the right to enter their swimmers regardless of times. No deck entries will be allowed.

Awards: Medals 1-3; ribbons 4-8 will be awarded.

Warm-ups: Metro warm -up procedures will be in effect for this meet. Pool will be used for general warm-ups with feet first entry only. Meet marshals will be on deck to enforce warm-up procedures.

Seeding: On deck seeding will be in effect. Heat sheets will be posted around the pool deck.

Admission: There will be a nominal charge for admission and programs for each session.

Refreshments: Food and beverages will be available for sale at the meet and may be consumed in designated areas only. **REGULATIONS PROHIBIT SMOKING IN ANY BUILDING ON FELIX FESTA SCHOOL AND WITHIN 50 FEET OF ANY ENTRANCEWAYS.**

^^^^^^^^^^^^^^^^^^^^NO FOOD IS ALLOWED ON DECK. LIQUID REFRESHMENTS ANY BE CONSUMED FROM PLASTIC BOTTLES. NO GLASS OR JUICE BOXES ARE ALLOWED^^^^^^^^^^^^^^^^^^^^

Coaches: are responsible for policing their swimmers as to proper attire for leaving the pool area (shirts and shoes), correcting their swimmers for use of foul language and cleaning up their areas on deck.

SLOWER TIMES THEN 15-18 JO CUTS

Girls	Qualifying Times			Event	Qualifying Times			Boys		
	SCM	SCY	LCM		LCM	SCY	SCM			
1	NCT	NCT	NCT	13-14	200 m	Medley Relay	NCT	NCT	NCT	2

3	53.29	42.99	52.99	10&U	50 m	Breaststroke	53.99	43.99	53.29	4
5	1:30.89	1:16.49	1:31.99	13-14	100 m	Breaststroke	1:26.99	1:14.49	1:25.79	6
7	1:25.19	1:11.49	1:25.99	10&U	100 m	Freestyle	1:27.99	1:12.59	1:26.29	8
9	1:09.29	58.99	1:09.99	13-14	100 m	Freestyle	1:05.99	55.99	1:04.69	10
11	46.29	37.99	47.09	10&U	50 m	Backstroke	47.59	37.99	46.09	12
13	1:19.89	1:07.49	1:19.99	13-14	100 m	Butterfly	1:13.99	1:04.99	1:13.69	14
15	3:41.09	2:55.99	3:43.99	10&U	200 m	Individual Medley	3:43.99	2:59.99	3:39.19	16
17	2:48.79	2:24.99	2:50.99	13-14	200 m	Individual Medley	2:43.99	2:18.99	2:40.39	18

SLOWER TIMES THEN 15-18 JO CUTS

Girls	Qualifying Times			Event	Qualifying Times			Boys		
	SCM	SCY	LCM		LCM	SCY	SCM			
19	NCT	NCT	NCT	11-12	200 m	Medley Relay	NCT	NCT	NCT	20
21	NCT	NCT	NCT	15-18	200 m	Medley Relay	NCT	NCT	NCT	22
23	1:34.79	1:20.49	1:35.99	11-12	100 m	Breaststroke	1:36.99	1:24.09	1:35.69	24
25	1:28.89	1:16.19	1:29.99	15-18	100 m	Breaststroke	1:21.99	1:08.49	1:20.89	26
27	1:11.49	1:02.29	1:12.49	11-12	100 m	Freestyle	1:13.99	1:02.69	1:12.59	28
29	1:07.79	58.19	1:08.49	15-18	100 m	Freestyle	1:02.69	52.59	1:01.49	30
31	38.29	33.59	38.99	11-12	50 m	Backstroke	39.99	33.99	38.69	32
33	1:18.89	1:05.99	1:18.99	15-18	100 m	Butterfly	1:09.99	58.99	1:09.69	34
35	3:03.49	2:39.99	3:03.99	11-12	200 m	Butterfly	3:03.99	2:39.99	3:00.99	36
37	2:47.79	2:23.49	2:49.99	15-18	200 m	Individual Medley	2:36.99	2:10.99	2:33.59	38
39	2:57.59	2:32.29	2:59.99	11-12	200 m	Individual Medley	3:02.99	2:36.69	2:58.99	40

SLOWER TIMES THEN 15-18 JO CUTS

Girls	Qualifying Times			Event	Qualifying Times			Boys		
	SCM	SCY	LCM		LCM	SCY	SCM			
41	44.99	37.09	45.99	10&U	50 m	Butterfly	46.99	37.59	46.79	42
43	2:29.59	2:07.99	2:30.99	13-14	200 m	Freestyle	2:25.99	2:01.99	2:22.89	44
45	3:08.29	2:35.99	3:09.99	10&U	200 m	Freestyle	3:09.99	2:39.99	3:05.89	46
47	2:55.59	2:30.99	2:55.99	13-14	200 m	Butterfly	2:49.99	2:29.99	2:47.19	48
49	1:55.59	1:33.99	1:56.99	10&U	100 m	Breaststroke	1:56.99	1:35.99	1:55.39	50
51	1:19.49	1:07.89	1:20.99	13-14	100 m	Backstroke	1:16.99	1:04.99	1:14.59	52
53	1:39.99	1:22.19	1:40.99	10&U	100 m	Backstroke	1:42.99	1:22.19	1:39.79	54
55	5:56.89	5:07.99	5:59.99	13-14	400 m	Individual Medley	5:48.99	5:02.99	5:41.99	56
57	NCT	NCT	NCT	10&U	200 m	Freestyle Relay	NCT	NCT	NCT	58
59	NCT	NCT	NCT	13-14	400 m	Freestyle Relay	NCT	NCT	NCT	60

SLOWER TIMES THEN 15-18 JO CUTS

Girls	Qualifying Times			Event	Qualifying Times			Boys		
	SCM	SCY	LCM		LCM	SCY	SCM			
61	2:36.49	2:15.49	2:37.99	11-12	200 m	Freestyle	2:36.99	2:15.49	2:33.59	62
63	2:28.59	2:05.99	2:29.99	15-18	200 m	Freestyle	2:15.99	1:54.99	2:13.09	64
65	43.39	37.49	43.99	11-12	50 m	Breaststroke	44.59	38.09	43.99	66
67	3:12.29	2:42.99	3:14.99	15-18	200 m	Breaststroke	2:59.99	2:31.99	2:55.69	68
69	1:23.39	1:12.29	1:24.99	11-12	100 m	Backstroke	1:27.99	1:13.99	1:25.19	70

71	1:18.49	1:06.49	1:19.99	15-18	100 m	Backstroke	1:11.99	1:00.49	1:09.69	72
73	36.89	31.79	36.99	11-12	50 m	Butterfly	37.99	32.59	37.79	74
75	5:52.89	5:06.99	5:55.09	15-18	400 m	Individual Medley	5:29.99	4:45.99	5:23.39	76
77	3:25.09	2:55.99	3:27.99	11-12	200 m	Breaststroke	3:27.99	2:59.99	3:23.09	78
79	NCT	NCT	NCT	15-18	400 m	Freestyle Relay	NCT	NCT	NCT	80
81	NCT	NCT	NCT	11-12	400 m	Freestyle Relay	NCT	NCT	NCT	82
10 minutes warm-up										
83	6:21.39	5:41.99	6:25.99	11-12	400 m	Individual Medley	6:25.99	5:41.99	6:21.39	84

SLOWER TIMES THEN 15-18 JO CUTS

Girls	Qualifying Times					Event	Qualifying Times			Boys
	SCM	SCY	LCM				LCM	SCY	SCM	
85	NCT	NCT	NCT	13-14	200 m	Freestyle Relay	NCT	NCT	NCT	86
87	NCT	NCT	NCT	10&U	200 m	Medley Relay	NCT	NCT	NCT	88
89	2:52.59	2:26.49	2:54.99	13-14	200 m	Backstroke	2:45.99	2:22.99	2:41.79	90
91	38.39	32.29	38.99	10&U	50 m	Freestyle	38.99	32.29	38.29	92
93	31.49	27.19	31.99	13-14	50 m	Freestyle	30.19	25.69	29.59	94
95	1:53.79	1:29.99	1:53.99	10&U	100 m	Butterfly	1:53.99	1:29.99	1:53.59	96
97	3:14.29	2:42.99	3:16.99	13-14	200 m	Breaststroke	3:09.99	2:42.99	3:05.49	98
99	NCT	NCT	NCT	10&U	400 m	Freestyle Relay	NCT	NCT	NCT	100
101	NCT	NCT	NCT	13-14	400 m	Medley Relay	NCT	NCT	NCT	102
10 minutes warm-up										
103	6:11.99	6:44.99	6:14.99	10&U	400 m	Freestyle	6:14.99	6:44.99	6:09.39	104
105	5:12.49	5:35.99	5:14.99	13-14	400 m	Freestyle	5:05.99	5:32.09	5:02.39	106

SLOWER TIMES THEN 15-18 JO CUTS

Girls	Qualifying Times					Event	Qualifying Times			Boys
	SCM	SCY	LCM				LCM	SCY	SCM	
107	NCT	NCT	NCT	11-12	200 m	Freestyle Relay	NCT	NCT	NCT	108
109	NCT	NCT	NCT	15-18	200 m	Freestyle Relay	NCT	NCT	NCT	110
111	3:01.49	2:36.99	3:03.99	11-12	200 m	Backstroke	3:03.99	2:39.99	2:59.29	112
113	2:47.69	2:23.99	2:49.99	15-18	200 m	Backstroke	2:34.99	2:13.09	2:30.99	114
115	32.49	28.69	32.99	11-12	50 m	Freestyle	32.99	28.69	32.39	116
117	31.49	26.99	31.99	15-18	50 m	Freestyle	28.69	23.79	28.09	118
119	1:25.89	1:12.39	1:25.99	11-12	100 m	Butterfly	1:25.99	1:14.49	1:25.69	120
121	2:50.59	2:29.99	2:50.99	15-18	200 m	Butterfly	2:36.99	2:18.99	2:34.39	122
123	NCT	NCT	NCT	11-12	400 m	Medley Relay	NCT	NCT	NCT	124
125	NCT	NCT	NCT	15-18	400 m	Medley Relay	NCT	NCT	NCT	126
10 minutes warm-up										
127	5:27.39	6:03.99	5:29.99	11-12	400 m	Freestyle	5:29.99	6:03.99	5:24.99	128
129	5:09.49	5:31.99	5:11.99	15-18	400 m	Freestyle	4:49.99	5:19.99	4:45.59	130

Directions

From New Jersey

1. Take the Garden State Parkway or Rte 287 North.
2. Either highway joins the New York State Thruway (Route 87). Follow signs for New York State Thruway South toward Tappan Zee Bridge.
3. Exit the NY State Thruway at exit 13N (Palisades Parkway North).

4. Exit the Palisades Parkway at Exit 10.
5. Follow to the end of the ramp and make a right at the light onto Germonds Road.
6. Take Germonds to next light and cross over Route 304.
7. Go straight on Germonds Road.
8. Head straight onto Parrott Road.
9. Entrance to building will be on your left.

Alternate from New Jersey:

Take the Palisades Parkway North from Fort Lee (instead of the GSP or Route 287). Then follow from #4 above.

From New York City

- Take the George Washington Bridge to the Palisades Parkway North. Then follow from # 4 above.

From Westchester County Vicinity

- Take the Tappan Zee Bridge. Follow the New York State Thruway North (Route 87) to exit 13N Palisades Parkway North. Then follow from #4 above.

From North of Rockland County

- Take the New York State Thruway South (Route 87) to exit 13N Palisades Parkway North. Then follow from # 4 above.

Alternate from North of Rockland County:

Take the Palisades Parkway South from the Bear Mountain vicinity to exit 10.

[Link for Mapquest](#)

NY SHARKS
2007- MR-Red-White-Blue Invitational
July 6-8-2007

Friday, July 6, 2007

Warm-up 4:30 pm Start 5:30 pm

SLOWER TIMES THEN 15-18 JO CUTS

GIRLS	EVENT	BOYS
1	13-14 400 Freestyle	2
3	Open 400 Freestyle	4
5	13-14 400 IM	6
7	Open 400 IM	8
9	13-14 800 Freestyle	10
11	Open 800 Freestyle	12

Saturday, July 7, 2007

Warm-up 7:30 am Start 8:30 am

SLOWER TIMES THEN 15-18 JO CUTS

GIRLS	EVENT	BOYS
13	10 & Under 200 Freestyle	14
15	13-14 200 Freestyle	16
17	10 & Under 100 Backstroke	18
19	13-14 100 Backstroke	20
21	10 & Under 50 Breaststroke	22
23	13-14 100 Breaststroke	24
25	10 & Under 100 Butterfly	26
27	13-14 200 Butterfly	28
29	10 & Under 50 Freestyle	30
31	13-14 100 Freestyle	32

NY SHARKS
2007- MR-Red-White-Blue Invitational
July 6-8-2007

Saturday, July 7, 2007

Warm-up 1:30 pm Start 2:30 pm

SLOWER TIMES THEN 15-18 JO CUTS

GIRLS	EVENTS	BOYS
33	Open 200 Freestyle	34
35	11-12 100 Freestyle	36
37	Open 100 Backstroke	38
39	11-12 50 Backstroke	40
41	Open 200 Breaststroke	42
43	11-12 100 Breaststroke	44
45	Open 100 Butterfly	46
47	11-12 50 Butterfly	48
49	Open 50 Freestyle	50
51	11-12 200 IM	52

Sunday July 8, 2007

Warm-up 7:30 am Start 8:30 am

SLOWER TIMES THEN 15-18 JO CUTS

GIRLS	EVENTS	BOYS
53	10 & Under 100 Freestyle	54
55	13-14 200 Backstroke	56
57	10 & Under 50 Backstroke	58
59	13-14 200 Breaststroke	60
61	10 & Under 100 Breaststroke	62
63	13-14 100 Butterfly	64
65	10 & Under 50 Butterfly	66
67	13-14 50 Freestyle	68
69	10 & Under 200 IM	70

71	13-14 200 IM	72
----	--------------	----

Sunday July 8, 2007

Warm-up 1:30 pm Start 2:30 pm

SLOWER TIMES THEN 15-18 JO CUTS

GIRLS	EVENTS	BOYS
73	11-12 50 Freestyle	74
75	Open 100 Freestyle	76
77	11-12 100 Backstroke	78
79	Open 200 Backstroke	80
81	11-12 50 Breaststroke	82
83	Open 100 Breaststroke	84
85	11-12 100 Butterfly	86
87	Open 200 Butterfly	88
89	11-12 200 Freestyle	90
91	Open 200 IM	92