

NEWBURGH SHARKS
May Distance Meet
May 20th, 2006
Metropolitan Swimming Sanction #060503

SITE: Newburgh Free Academy, 201 Fullerton Ave., Newburgh, N.Y. 12550. There is extensive on-site as well as adjacent street parking.

ENTRIES: Entries may be sent via email to wakeupswim@aol.com . Checks and a hard copy of entries may be mailed to: Newburgh Sharks, c/o Mike Townsend, 1 Rogers Pl., Newburgh, NY 12550

FEES: Individual events are \$3.00 per entry. Checks must be made out to **Newburgh Sharks**.

CONDITIONS:

1. Metro LSC clubs will be given priority on a first come/first serve basis and must be received by Friday, May 5th.
2. The final entry deadline for this meet is Wednesday, May 10th.
3. Entries received between Saturday, May 6th and Wednesday, May 10th will be entered in the order they were received, regardless of LSC affiliation, as space allows.
4. USA Swimming, Inc., Metropolitan Swimming, Inc., Newburgh Enlarged City School District, Newburgh Sharks and their agents or representatives shall be held free and harmless from all liabilities or claims or damages arising by reason of injuries to anyone during the conduct of this meet.

RULES: Current USA Swimming rules will govern this meet. Metropolitan LSC warm-up procedures will be in effect. All events are timed finals. Swimmers may enter as many events in which they are eligible.

ELIGIBILITY: All swimmers must be USA Swimming registered. Age as of the first day of the meet will determine eligibility for age group events. All persons on deck must have current USA Swimming credentials.

AWARDS: Medals will be awarded for the top three finishers in each event.

SEEDING: Seeding will be conducted at the beginning of each session utilizing a scratch sheet procedure. Heat sheets will be posted and distributed.

ADMISSION: There will be an admission charge of \$3.00 per adult per session. Admission will include a psych sheet.

CONSESSION: A concession and apparel stand will be available in the pool balcony during all sessions.

QUESTIONS: Any questions or problems, please contact Mike Townsend at 914-329-8594 or wakeupswim@aol.com.

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MAY DISTANCE MEET**

Session 1: Saturday, May 20th

Warm-Up: 7:30 AM

Meet Starts: 9:00 AM

Girls	EVENTS	Boys
1	11/12 500 Freestyle	2
3	10/Under 500 Freestyle	4
5	13/14 400 Individual Medley	6
7	11/12 400 Individual Medley	8

Session 2: Saturday, May 20th

Warm-Up: 1:00 PM

Meet Starts: 2:00 PM

Girls	EVENTS	Boys
9	OPEN 400 IM	10
11	OPEN 1650 Freestyle	12

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****Please complete this form and mail with check and a hard copy of entry.****

CLUB: _____ CLUB CODE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

PHONE: _____ EMAIL: _____

CLUB CONTACT: _____ PHONE: _____

ENTRY FEES: Make Check Payable to: **NEWBURGH SHARKS**

TOTAL INDIVIDUAL ENTRIES: _____ X \$3.00 = _____

TOTAL DUE = _____

Email Entries to: wakeupswim@aol.com

Send Check & Hard Copy of Entries to: Newburgh Sharks
c/o Mike Townsend
1 Rogers Pl
Newburgh, NY 12550

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., the Newburgh Sharks, and the Newburgh Enlarged City School District or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official): _____