



2006 SHORT COURSE FALL INVITATIONAL
FRIDAY, SATURDAY, SUNDAY, OCTOBER 27, 28 AND 29
Metropolitan Swimming Sanction # 061001

- SITE:** McCann Center, Marist College, on-site parking, spectator seating.
- ENTRIES:** Please submit entries via email to mscentries@hotmail.com
Metro LSC deadline: Oct 13. Non-Metro LSC deadline: Oct. 20.
Swimmers with disabilities are welcome. Receipt of entries will be confirmed by email. Entries will not be considered received and accepted without full payment of fees. Cuts will be advised by email.
- FEES:** Individual Events \$3.00; Relays \$8.00. A check made out to "Marist Swim Club" must be received by: Larry VanWagner, Marist College, McCann Center, Poughkeepsie, NY 12601 by the appropriate deadline.
- RULES:** Current USA Swimming rules will govern this meet. Metropolitan LSC Warm-up procedures will be in effect. All events are timed finals.
- ELIGIBILITY:** All swimmers must be USA Swimming registered. Age as of the first day of the meet determines competitor's age group.
All persons on deck must be currently USA Swimming registered.
All coaches must display current coaching credentials and have current CPR certification.
- CONDITIONS:** **Metro LSC clubs will be given priority** on a first come/first serve basis. **NO TIME** entries will **NOT** be accepted, except for MSC swimmers. Distance freestyle events may be limited to 3 heats.
- USA Swimming, Inc., Metropolitan Swimming, Inc., Marist College, Marist Swim Club and their agents or representatives shall be held free and harmless from all liabilities or claims or damages arising by reason of injuries to anyone during conduct of this event.**
- AWARDS:** Individual Events -- 1- 3 Place/Medals, 4-6 Place/Ribbons;
Relays 1-3 Place/ Ribbons; No awards will be given for Open events.
- SEEDING:** Scratch sheets will be collected 40 minutes prior to the start of each session.
Heat sheets will be distributed and posted.
- ADMISSION:** Daily admission for adults \$4.00. Weekend Meet Program \$6.00.
- CONCESSION:** Food will be available at all sessions.
- QUESTIONS:** Contact Meet Director, Karen Miller kmiller1@hvc.rr.com or 845-473-5450.

