

*Badger Age Group Team*

*Presents*

**2006**

*Metropolitan Swimming's  
8 & Under Championships*

*March 4<sup>th</sup> & 5<sup>th</sup>, 2006*

*Sanction # 060309*

*Prizes for each Heat Winner!*

*Awards 1<sup>st</sup> thru 16<sup>h</sup> Place*

**Lehman College APEX Aquatic Center**

**250 Bedford Park Boulevard West**

**Bronx, New York 10468**

**Site:** The Meet will be held at the **Lehman College APEX Aquatic Center**, Bronx, NY. The competitive course is 7-13 feet deep. Two-30 yard warm-up/warm-down lanes will be available in the shallow end of the pool throughout the meet. (Coaches must monitor their swimmers in the warm-up lanes).

**Awards:** Individual Events: Medals for 1st through 8<sup>th</sup> places, Ribbons for 9th through 16<sup>th</sup> places. Prizes Awarded for heat winners.  
Relay Events: Medals for 1<sup>st</sup> through 3rd, and ribbons for 4th -8th places.  
There will be a **Team Spirit Award**, presented to the team who demonstrates the most Team Spirit; the winner will be determined by a vote held by the coaches representing all the teams attending this meet. Each team will receive one vote.  
**Absolutely no balloons will be allowed in the pool area.**

**High Point Awards:** Top three Individual high point scorers in each age group will win high point awards.

**Admission:** Adults \$5.00 Children \$2.00 per session. **Session Programs:** \$3.00

**Parking:** **\$3.00** all-day parking at College Supervised Lot, (100 yards from APEX).

**Eligibility:** All swimmers must be registered with USA Swimming and Metropolitan Swimming.  
A swimmer may enter no more than three (3) individual events and (2) relays per Session.

**Scratches:** This meet will be deck seeded. Scratches will be due thirty (30) minutes before each published session start time. Heat sheets will be posted around the pool deck. **Please consult your GUIDELINES.** Coaches must make sure their swimmers understand that once they are scratched, they will not be re-entered in the meet. Coaches should inform their swimmers to leave plenty of time for traffic, etc.

**Warm-up:** Metropolitan Swimming Safety Guidelines and Warm-Up Procedures will be in effect. During warm-up there will be no diving except in designated sprint lanes and then only under the direct supervision of a coach. The meet marshals will enforce all warm-up procedures. This meet is governed by the rules set forth in the U.S.S Rule Book.

**Protests:** Protests must be made in writing, and within the time limit, to the Referee who will have final say. It is each team's responsibility to make sure their swimmers are on time to be seeded.

**Refreshments:** Food and beverages will be available for sale at the meet. The concession stand offers a variety of foods and snacks for your enjoyment and may be consumed in designated areas.

**Entry Fees:** \$3.00 per Individual Event, \$8.00 per Relay Event (An additional fee of \$1.00 per swimmer **for non-disk entries** must be included).  
**Make CHECK payable to “Carle’ Fierro - Meet Entry Fees”**

**Entries:** **MUST** be sent on a **Hy-Tek** disk. Be sure to enclose a Master Entry Sheet or Hy-Tek Spreadsheet. The Name, Address, Phone Number and Email Address of Club Representative must be included on the form. In case of dispute, the official entry form will be considered the only document of entry. A swimmer’s age as of the first day of the meet will determine the swimmer’s age group for the meet. Entry files may be e-mailed; however payment must be received by entry deadline in order for entries to be accepted. **All entries must be in yard times and NT will not be accepted. Swimmers may not be entered in more than (3) three individual events and (2) two relays per session.**

**\*\* Coaches will be required to show proof of their current USS Registration\*\***

**Entry Deadline:** All entries must be in hand no later than **2/24/06**. Deck entries will not be permitted.

Email entries to: [Carleswim@aol.com](mailto:Carleswim@aol.com), phone (914) 882-9118

Or Mail to:

**Send checks, diskettes and entry forms to: Carle’ Fierro**  
Badger Age Group Team  
5 White Birch Road South  
Pound Ridge, New York 10576

**FED EX, UPS AND EXPRESS MAIL MUST SIGN  
SIGNATURE WAIVER!**

## **Metro Swimming - 8 & Under Championships**

**Entry Deadline:** All entries must be in hand no later than **2/24/06**. Deck entries will not be permitted. All entries must be in yard times and NT will not be accepted. Swimmers may not be entered in more than (3) three individual events and (2) two relays per session.

### **Session 1 – Saturday, March 4, 2005**

**(Warm-Up 9:00am Start 10:00am)**

1. Girls 8 & Under 100 Medley Relay
2. Girls 7 & Under 100 Medley Relay
3. Girls 8 Year Olds 100 Freestyle
4. Girls 6 & Under 50 Freestyle
5. Girls 7 & Under 100 Freestyle
6. Girls 8 Year Olds 25 Backstroke
7. Girls 6 & Under 25 Backstroke
8. Girls 7 Year Olds 25 Backstroke
9. Girls 8 Year Olds 25 Butterfly
10. Girls 6 & Under 25 Butterfly
11. Girls 7 Year Olds 25 Butterfly
12. Girls 8 Year Olds 50 Breaststroke
13. Girls 7 & Under 50 Breaststroke
14. Girls 8 Year Olds 25 Freestyle
15. Girls 7 Year Olds 25 Freestyle
16. Girls 8 & Under 200 Freestyle Relay
17. Girls 7 & Under 200 Freestyle Relay

### **Session 3 - Sunday, March 5, 2005**

**(Warm-Up 9:00am Start 10:00am)**

35. Girls 8 & Under 100 Freestyle Relay
36. Girls 7 & Under 100 Freestyle Relay
37. Girls 8 Year Old 100 Individual Medley
38. Girls 7 & Under 100 Individual Medley
39. Girls 6 & Under 25 Freestyle
40. Girls 8 Year Olds 50 Backstroke
41. Girls 6 & Under 50 Backstroke
42. Girls 7 Year Olds 50 Backstroke
43. Girls 8 Year Olds 25 Breaststroke
44. Girls 6 & Under 25 Breaststroke
45. Girls 7 Year Olds 25 Breaststroke
46. Girls 8 Year Olds 50 Butterfly
47. Girls 7 & Under 50 Butterfly
48. Girls 8 Year Olds 50 Freestyle
49. Girls 7 & Under 50 Freestyle
50. Girls 8 & Under 200 Medley Relay
51. Girls 7 & Under 200 Medley Relay

**Session 2 – Saturday, March 4, 2005**

**(Warm-Up 1:00pm Start 2:00 pm)**

18. Boys 8 & Under 100 Medley Relay
19. Boys 7 & Under 100 Medley Relay
20. Boys 8 Year Olds 100 Freestyle
21. Boys 6 & Under 50 Freestyle
22. Boys 7 & Under 100 Freestyle
23. Boys 8 Year Olds 25 Backstroke
24. Boys 6 & Under 25 Backstroke
25. Boys 7 Year Olds 25 Backstroke
26. Boys 8 Year Olds 25 Butterfly
27. Boys 6 & Under 25 Butterfly
28. Boys 7 Year Olds 25 Butterfly
29. Boys 8 Year Olds 50 Breaststroke
30. Boys 7 & Under 50 Breaststroke
31. Boys 8 Year Olds 25 Freestyle
32. Boys 7 Year Olds 25 Freestyle
33. Boys 8 & Under 200 Freestyle Relay
34. Boys 7 & Under 200 Freestyle Relay

**Session 4 - Sunday, March 5, 2005**

**(Warm-Up 1:00pm Start 2:00 pm)**

52. Boys 8 & Under 100 Freestyle Relay
53. Boys 7 & Under 100 Freestyle Relay
54. Boys 8 Year Old 100 Individual Medley
55. Boys 7 & Under 100 Individual Medley
56. Boys 6 & Under 25 Freestyle
57. Boys 8 Year Olds 50 Backstroke
58. Boys 6 & Under 50 Backstroke
59. Boys 7 Year Olds 50 Backstroke
60. Boys 8 Year Olds 25 Breaststroke
61. Boys 6 & Under 25 Breaststroke
62. Boys 7 Year Olds 25 Breaststroke
63. Boys 8 Year Olds 50 Butterfly
64. Boys 7 & Under 50 Butterfly
65. Boys 8 Year Olds 50 Freestyle
66. Boys 7 & Under 50 Freestyle
67. Boys 8 & Under 200 Medley Relay
68. Boys 7 & Under 200 Medley Relay

**The 2006 - 8 & Under Metropolitan Championships**

**Sanction # 060309**

**March 4-5, 2006**

Team Name \_\_\_\_\_

Team Code \_\_\_\_\_

Coach's Name \_\_\_\_\_

Day Phone # \_\_\_\_\_

Evening Phone # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Meet Entry Report**

Female Individual Entries \_\_\_\_\_ x \$3.00 = \_\_\_\_\_

Male Individual Entries \_\_\_\_\_ x \$3.00 = \_\_\_\_\_

Female Relay Entries \_\_\_\_\_ x \$8.00 = \_\_\_\_\_

Male Relay Entries \_\_\_\_\_ x \$8.00 = \_\_\_\_\_

Non-Hy-Tek Surcharge per Swimmer \_\_\_\_\_ x \$1.00 = \_\_\_\_\_

Total Amount Entries = \_\_\_\_\_

**Mail Check and Entry Information by February 24, 2006 to:**

Email entries to: [Carleswim@aol.com](mailto:Carleswim@aol.com), phone (914) 882-9118

Or Mail to:

**Send checks, diskettes and entry forms to: Carle' Fierro**

Badger Age Group Team  
5 White Birch Road South  
Pound Ridge, New York 10576

**FED EX, UPS AND EXPRESS MAIL MUST SIGN  
SIGNATURE WAIVER!**