

MIDDIES SWIM TEAM
8 & UNDER SPRINT INVITATIONAL
NOVEMBER 19, 2005

All registered Metro teams and all teams from all other LSCs are invited.

as per # 11k of HOD Minutes of September 24, 2005

SANCTION # 051108

SITE: White Plains YWCA, 515 North Street, White Plains, NY 10605

ELIGIBILITY: All competitors must be registered with USA Swimming. Age as of November 19, 2005 will determine event eligibility.

POOL : 25 yard pool with 6, 7 foot lanes. Non-turbulent lane lines. Colorado electronic timing system with six line scoreboard.

RULES: Current U.S. Swimming rules will govern the meet. All events are timed finals.

AWARDS: Medals will be awarded for the top 6 finishers.

ENTRIES: **Swimmers may compete in no more than 5 events.**

The meet will be run on computer using Hy-Tek's Meet Manager. Entries must be received no later than November 9, 2005. The cost is \$3.00 per individual event. *In addition, there is a \$1.00 surcharge for any entries not sent on disk or email.* Make checks payable to: MIDDIES SWIMMING and mail to:

Middies Swimming
515 North Street
White Plains, NY 10605

Email entries to: ymidmail@aol.com Payments for email entries must be received by November 9.

Ample on-site parking, food is available in designated concession area ONLY.

QUESTIONS: Ilan Noach, Head Coach (914) 422-1585

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4:00 P.M. Warm-up			5:00 P.M. Start
GIRLS EVENT #	AGE	EVENT	BOYS EVENT #
1	8 & under	100 IM	2
3	7 & under	50 Freestyle	4
5	8 year old	50 Freestyle	6
7	7 & under	50 Backstroke	8
9	8 year old	50 Backstroke	10
11	7 & under	50 Breaststroke	12
13	8 year old	50 Breaststroke	14
15	7 & under	50 Butterfly	16
17	8 year old	50 Butterfly	18
19	8 & under	100 Freestyle	20