

# **CONDORS SWIM CLUB**

**Saturday and Sunday, October 29-30, 2005**

**Westchester Community College, Valhalla, New York**

**Sanctioned by Metropolitan Swimming Inc. #091008**

**Site:** Felix V. Festa Middle School, 30 Parrott Road West Nyack, NY 10994. There is ample on site parking next to the pool. Detailed directions are attached.

**Pool:** 25 yard eight lane pool with non-turbulent lane dividers and bulkhead. There is seating for 600 spectators. Colorado Electronic Timing will be used.

**Eligibility:** All swimmers must be USS registered. Age as of October 29, 2005 will determine eligibility for age events. Please include USA Swimming number with entry sheet.

**Entries:** Entries must be accompanied by master entry sheets. *Entry fees are \$3.00 per individual event and \$8.00 per relay event.* A \$1.00 surcharge per swimmer for any entries that are not on disk. We will accept all entries on Hy-Tek or LSA disks. Please include a hard copy with your disk. Make all checks payable to "CONDORS SWIM CLUB".  
Send entries and checks to:

Terri Wolin  
40 Goodwin Ave.  
White Plains, NY 10607  
Email: [terribw@optonline.net](mailto:terribw@optonline.net)

Results will be provided on disk as well as hard copy. Please bring a disk for results. If you have any questions contact Terri Wolin at 914-592-1078.

**Deadline:** Metro only entries must be received by October 7, 2005.. After this date entries from Metro and non-Metro teams will be accepted as space is available until October 22, 2005.

**Seeding:** Deck seeding will be used.

**Rules:** USS rules will govern this meet. All events are timed finals.

**Conditions:** Upon acceptance of his/her entries, the participant waives all claims against Clarkstown Central School District, Condors Swim Club, Metropolitan Swimming, their agents or representatives for any injury occurring as a result of the meet.

**Awards:** Swimmers will be given medals for 1st -3rd places and ribbons for 4th- 8<sup>th</sup> places in each age group. Relays will receive medals for 1st - 3rd. Only coaches may pick up awards.

**Food:** Refreshments will be available at reasonable prices. No food or drink will be allowed on the pool deck or in the locker rooms.

**Admission:** There will be an admission fee of \$3.00 per adult. Programs will be available for \$2.00.

## **Directions**

### **From New Jersey**

1. Take the Garden State Parkway or Rte 287 North.
2. Either highway joins the New York State Thruway (Route 87). Follow signs for New York State Thruway South toward Tappan Zee Bridge.
3. Exit the NY State Thruway at exit 13N (Palisades Parkway North).
4. Exit the Palisades Parkway at Exit 10.
5. Follow to the end of the ramp and make a right at the light onto Germonds Road.
6. Take Germonds to next light and cross over Route 304.
7. Go straight on Germonds Road.
8. Head straight onto Parrott Road.
9. Entrance to building will be on your left.

### **Alternate from New Jersey:**

Take the Palisades Parkway North from Fort Lee (instead of the GSP or Route 287). Then follow from #4 above.

### **From New York City**

- Take the George Washington Bridge to the Palisades Parkway North. Then follow from # 4 above.

### **From Westchester County Vicinity**

- Take the Tappan Zee Bridge. Follow the New York State Thruway North (Route 87) to exit 13N Palisades Parkway North. Then follow from #4 above.

### **From North of Rockland County**

- Take the New York State Thruway South (Route 87) to exit 13N Palisades Parkway North. Then follow from # 4 above.

### **Alternate from North of Rockland County:**

Take the Palisades Parkway South from the Bear Mountain vicinity to exit 10.

**CONDORS SWIM CLUB**  
**Saturday October 29, 2005**

**Session #1**

**Warm-up 8 am**

**Start 9 am**

1	Girls 9-10 100 Freestyle	Boys 2
3	Girls 11-12 50 Freestyle	Boys 4
5	Girls 9-10 50 Butterfly	Boys 6
7	Girls 11-12 100 Butterfly	Boys 8
9	Girls 9-10 100 Breaststroke	Boys 10
11	Girls 11-12 50 Breaststroke	Boys 12
13	Girls 9-10 50 Backstroke	Boys 14
15	Girls 11-12 100 Backstroke	Boys 16
17	Girls 9-10 100 IM	Boys 18
19	Girls 11-12 200 Freestyle Relay	Boys 20
21	Girls 9-10 200 Freestyle Relay	Boys 22

**Session #2**

**Warm-up 1 pm**

**Start 2 pm**

23	Girls 8 & Under 50 Freestyle	Boys 24
25	Girls 13-14 200 Freestyle	Boys 26
27	Girls 15 & Over 200 Freestyle	Boys 28
29	Girls 8 & Under 25 Breaststroke	Boys 30
31	Girls 13-14 100 Breaststroke	Boys 32
33	Girls 15 & Over 100 Breaststroke	Boys 34
35	Girls 8 & Under 25 Butterfly	Boys 36
37	Girls 13-14 100 Butterfly	Boys 38
39	Girls 15 & Over 100 Butterfly	Boys 40
41	Girls 8 & Under 25 Backstroke	Boys 42
43	Girls 13-14 200 Backstroke	Boys 44
45	Girls 15 & Over 200 Backstroke	Boys 46
47	Girls 8 & Under 100 Freestyle Relay	Boys 48
49	Girls 13-14 200 Freestyle Relay	Boys 50
51	Girls 15 & Over 200 Freestyle Relay	Boys 52

**CONDORS SWIM CLUB**  
**Sunday October 30, 2005**

**Session #3**

**Warm-up 8 am**

**Start 9 am**

53	Girls 8 & Under 50 Breaststroke	Boys	54
55	Girls 13-14 200 Breaststroke	Boys	56
57	Girls 15 & Over 200 Breaststroke	Boys	58
59	Girls 8 & Under 25 Freestyle	Boys	60
61	Girls 13-14 50 Freestyle	Boys	62
63	Girls 15 & Over 50 Freestyle	Boys	64
65	Girls 8 & Under 50 Backstroke	Boys	66
67	Girls 13-14 100 Backstroke	Boys	68
69	Girls 15 & Over 100 Backstroke	Boys	70
71	Girls 8 & Under 100 IM	Boys	72
73	Girls 13-14 200 IM	Boys	74
75	Girls 15 & Over 200 IM	Boys	76
77	Girls 8 & Under 100 Medley Relay	Boys	78
79	Girls 13-14 200 Medley Relay	Boys	80
81	Girls 15 & Over 200 Medley Relay	Boys	82

**Session #4**

**Warm-up 1 pm**

**Start 2 pm**

83	Girls 11-12 100 Freestyle	Boys	84
85	Girls 9-10 50 Freestyle	Boys	86
87	Girls 11-12 50 Butterfly	Boys	88
89	Girls 9-10 100 Butterfly	Boys	90
91	Girls 11-12 100 Breaststroke	Boys	92
93	Girls 9-10 50 Breaststroke	Boys	94
95	Girls 11-12 50 Backstroke	Boys	96
97	Girls 9-10 100 Backstroke	Boys	98
99	Girls 11-12 100 IM	Boys	100
101	Girls 9-10 200 Medley Relay	Boys	102
103	Girls 11-12 200 Medley Relay	Boys	104