

**2005
Metropolitan Swimming
Hauppauge Athletic Association
Age Group Championships-SC
SOUTH**

2005-MR-Age Group Championships SOUTH-HAA

**April 1-3, 2005
Hauppauge High School**

Sanction #050401



**HAUPPAUGE ATHLETIC ASSOCIATION
PRESENTS
THE 2005 AGE GROUP CHAMPIONSHIPS
FRIDAY, SATURDAY, & SUNDAY
April 1, 2, & 3, 2005
Sanction #050401**

Metropolitan Swimming SOUTH teams are Connetquot, Cross Island Y, East End, East Hampton Y, Farmingdale, Hauppauge, Half Hollow Hills, Huntington, Islip Aquatics , LI Aquatic Club, Lindenhurst, North Shore, Old Westbury, Sachem, Team Suffolk, Three Village and West Islip.

Any questions - Meet Director – Kathy Bucaria – kbucaria@aol.com

PLEASE CHECK OUR WEBSITE FOR ANY LAST MINUTE CHANGES TO WARM-UP AND START TIMES – www.hauppagueswimclub.com

Parking in SOUTH lot only for the entire meet. This includes all coaches. The Hauppauge School district has asked us to abide by this parking rule as other events are going on this very busy weekend. The lot will be labeled “SWIM MEET PARKING”. Handicapped parking only is permitted in the north lot.

SESSION 1 – 4:30 PM warm-up 5:30PM start – (all age groups)
SESSION 2 - 6:30 AM Warm-up 7:40 AM start – (13-14, 9-10)
SESSION 3 – 3:00 PM Warm-up 4:10 PM start – (11-12,15-18)
SESSION 4 - 6:30 AM Warm-up 7:40 AM start – (13-14,9-10)
SESSION 5 – 3:00 PM Warm-up 4:10 PM start – (11-12,15-18)

All events are Timed Finals.

Limit of 4 events a day per swimmer. Entry times must have been achieved between March 29, 2004 and the meet entry deadline. “No Time” entries will not be accepted. All events must have been swum at least once before. EIGHT and under swimmers are not permitted to compete in this meet. Entry times cannot be faster than AGE GROUP times as specified by Metropolitan Swimming 2005 time standards.

Swimmers with disabilities are encouraged to attend. Please email Kathy Bucaria – kbucaria@aol.com with any special accommodations that we need to make.

AWARDS: Individual medals for 1st through 6th place, ribbons 7th through 12th place; swimmers below the “silver” minimum standard. Overachiever Ribbons will be awarded to swimmers who swim Silver, JO and Zone qualifying times in an event for a first time at this meet. Awards must be picked up at the end of the meet.

Entries

- Hy-Tek entries ONLY
- Email entries can be mailed to Debbie Anderer at jabbie@optonline.net. Please include coach's name, phone number and email address in the email. Please be sure to write your teams name and "Age Group Champs Entry" in the comment field of the email. Confirmation will be sent via email. Please mail a hardcopy as well to insure the accuracy of the emailed entries.
- No late entries will be accepted
- "No Time" entries will not be accepted. The event must have been swum at least once before
- ALL ENTRIES DUE BY MARCH 18, 2005. Entries will not be accepted after this date. NO DECK ENTRIES WILL BE ACCEPTED.
- \$3 per event plus \$1 per swimmer Metro Championship Surcharge payable to Hauppauge Athletic Association. There should be NO checks made out to Metropolitan swimming.
- ALL CHECKS DUE BY MARCH 21, 2005
- Please complete the information sheet on the last page of this packet and return SIGNED with the checks

Disk entries and Checks can be mailed to:

Debbie Anderer
50 Bobann Drive
Nesconset, New York, 11767
Phone number – 631-724-3867

***Please sign the signature waiver for express mail.**

Confirmation of receipt of entries can be emailed to Debbie Anderer at jabbie@optonline.net
Head Coach - Ray Willie 631-871-1765 – sweem@optonline.net

METROPOLITAN SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES AND SCRATCH RULES WILL BE IN EFFECT.

WARM-UP: The warm-up sessions will be organized by team, coaches may pickup warm-up sheets when they check-in.

SESSION

START TIMES: The warm up / start times may need to be adjusted if entries exceed the allotted time. All teams will be notified of any changes in the time by Tuesday, March 28, 2005. Information will be on our website hauppageswimclub.com as well.

Metropolitan Scratch Procedure for Timed Finals Meets is as follows:

Any swimmer, who is seeded, must swim the event unless he/she declares his/her intention not to swim in the following manner:

1. Go to the Referee, before the event and state you do not wish to swim, and
2. Stand BEHIND your assigned block until the swimmers in your heat have been sent off by the Starter.
3. The swimmer is then disqualified from THAT EVENT for the delay of the meet.
4. This counts as an event against the total-per-day allowance.

If a swimmer fails to follow this procedure, he/she will be barred from his/her next individual event of the meet.

If it is necessary to have a group of swimmers off the deck due to the size of the meet a club representative will need to be available at the off-deck location to monitor your swimmers.

SCHOOL DISTRICT RULES

Hauppauge High School is a smoke free campus. Access is limited to pool and lobby only. No food, beverages or glass containers are allowed in the pool area. Failure to comply could result in the swimmer or spectator being ejected and all fees and awards forfeited.

FACILITY: The Ron Bellucci Natatorium Pool. 25 yards, 6 lanes with non-turbulent lane lines and Colorado electronic timing system.

DIRECTIONS: Long Island Expressway, Exit #57. Vets Highway. West on Vets Highway to Lincoln Blvd. North on Lincoln Blvd., high school on the left. The SWIM MEET parking signs will be clearly visible at each session.. Detailed directions can be found at <http://hauppageswimclub.com/directions/hauppauge.html>

REFRESHMENTS: A complete snack bar will be available in the lobby area, during the meet. This will include bacon and egg sandwiches for breakfast and complete hot meals for lunch and dinner. No glass is allowed anywhere in the building.

ADMISSION: \$5.00 PROGRAM: \$1.00

2005 AGE GROUP INVITATIONAL EVENTS

Session 1

FRIDAY (4:30 Warm-Up – 5:30 Start)

Age Group Not faster than:	Girls Event #	Event	Boys Event #	Age Group Not faster than:
2:36.00	1	9-10 200 Free	2	2:40.00
2:15.50	3	11-12 200 Free	4	2:15.50
5:08.00	5	13-14 400 IM	6	5:03.00
5:07.00	7	15-18 400 IM	8	4:46.00
5:36.00	9	13-14 500 Free	10	5:32.10
5:32.00	11	15-18 500 Free	12	5:20.00

Session 2

SATURDAY AM (6:30 Warm-Up – 7:40 Start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
2:08.00	13	13-14 200 Free	14	2:02.00
43.00	15	9-10 50 Breast	16	44.00
1:16.50	17	13-14 100 Breast	18	1:14.50
32.30	19	9-10 50 Free	20	32.30
27.20	21	13-14 50 Free	22	25.70
1:22.20	23	9-10 100 Back	24	1:22.20
1:07.90	25	13-14 100 Back	26	1:05.00
37.10	27	9-10 50 Fly	28	37.60
1:07.50	29	13-14 100 Fly	30	1:05.00
2:56.00	31	9-10 200 IM	32	3:00.00
2:25.00	33	13-14 200 IM	34	2:19.00

Session 3

SATURDAY PM (3:00 Warm-Up – 4:10 Start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
2:06.00	35	15-18 200 Free	36	1:55.00
37.50	37	11-12 50 Breast	38	38.10
1:16.20	39	15-18 100 Breast	40	1:08.50
28.70	41	11-12 50 Free	42	28.70
27.00	43	15-18 50 Free	44	23.80
1:12.30	45	11-12 100 Back	46	1:14.00
1:06.50	47	15-18 100 Back	48	1:00.50
31.80	49	11-12 50 Fly	50	32.60
1:06.00	51	15-18 100 Fly	52	59.00
2:32.30	53	11-12 200 IM	54	2:36.70
2:23.50	55	15-18 200 IM	56	2:11.00

Session 4

SUNDAY AM (6:30 Warm-up –7:40 start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
1:30.00	57	9-10 100 Fly	58	1:30.00
59.00	59	13-14 100 Free	60	56.00
1:11.50	61	9-10 100 Free	62	1:12.60
2:26.50	63	13-14 200 Back	64	2:23.00
38.00	65	9-10 50 Back	66	38.00
2:43.00	67	13-14 200 Breast	68	2:43.00
1:34.00	69	9-10 100 Breast	70	1:36.00
2:31.00	71	13-14 200 Fly	72	2:30.00
1:21.00	73	9-10 100 IM	74	1:23.00

Session 5

SUNDAY PM (3:00 Warm-Up- 4:10 Start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
1:12:40	75	11-12 100 Fly	76	1:14.50
58.20	77	15-18 100 Free	78	52.60
1:02.30	79	11-12 100 Free	80	1:02.70
2:24.00	81	15-18 200 Back	82	2:13.10
33.60	83	11-12 50 Back	84	34.00
2:43.00	85	15-18 200 Breast	86	2:32.00
1:20.50	87	11-12 100 Breast	88	1:24.10
2:30.00	89	15-18 200 Fly	90	2:19.00
1:11.50	91	11-12 100 IM	92	1:12.30
6:04.00	93	11-12 500 Free	94	6:04.00

2005-MR-Age Group Championships SOUTH-HAA

April 1-3, 2005
Sanction # 050401

CLUB: _____ CLUB CODE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

PHONE: _____ E-MAIL ADDRESS: _____

CLUB CONTACT: _____ PHONE: _____

Entry Fees AND Metro Surcharge: Make check payable to: **Hauppauge Athletic Association**

Total Individual Events _____ x \$3.00 = _____

Metropolitan Swimming Surcharge per entrant _____ x \$1.00 = _____

TOTAL DUE to HAA _____

NO CHECKS ARE TO BE WRITTEN METROPOLITAN SWIMMING!!!

Mail to: Debbie Anderer 50 Bobann Drive, Nesconset, NY 11767

Email entries – jabbie@optonline.net

(Please sign the "signature waiver" on envelope for entries sent by Express Mail.)

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., Hauppauge Athletic Association Swim Club, Hauppauge School District or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) _____

No entries will be processed without this signed waiver.