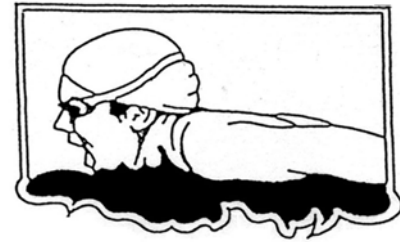




City of New York
Parks & Recreation



Presents
**CITY OF NEW YORK/PARKS & RECREATION
MAPLE LEAF MEET**

Sanctioned by the
METROPOLITAN ASSOCIATION OF U.S.A. SWIMMING
Sunday, May 23, 2004

Lehman College/Apex Pool
250 Bedford Park Blvd. West, Bronx
Warm-up 8:45 am Start 9:30 am

GIRLS	EVENTS	BOYS
1	50 YARD FREESTYLE – 10 AND UNDER	2
3	50 YARD FREESTYLE – 11 AND 12	4
5	100 YARD FREESTYLE – 13 AND 14	6
7	100 YARD FREESTYLE – 15 TO 18	8
9	50 YARD BACKSTROKE – 10 AND UNDER	10
11	50 YARD BACKSTROKE – 11 AND 12	12
13	100 YARD BACKSTROKE – 13 AND 14	14
15	100 YARD BACKSTROKE – 15 TO 18	16
17	100 YARD BUTTERFLY – 10 AND UNDER	18
19	100 YARD BUTTERFLY – 11 AND 12	20
21	200 YARD BUTTERFLY – 13 AND 14	22
23	200 YARD BUTTERFLY – 15 TO 18	24
25	100 YARD BREASTSTROKE – 10 AND UNDER	26
27	100 YARD BREASTSTROKE – 11 AND 12	28
29	200 YARD BREASTSTROKE – 13 AND 14	30
31	200 YARD BREASTSTROKE – 15 TO 18	32
33	200 YARD FREESTYLE RELAY – 10 AND UNDER	34
35	200 YARD FREESTYLE RELAY – 11 AND 12	36
37	200 YARD FREESTYLE RELAY – 13 AND 14	38
39	200 YARD FREESTYLE RELAY – 15 TO 18	40

City of New York
Parks & Recreation
www.nycparks.org



Michael R. Bloomberg, Mayor
Adrian Benepe, Commissioner

MEET INFORMATION

ELIGIBILITY - All swimmers must be registered with U.S.A. swimming. Age is determined as of May 23, 2004.

SANCTIONED - Sanctioned by the Metropolitan Association of U.S.A. Swimming - #040502.

ENTRIES – All events are free of charge. Please enter swimmers in the Hy-Tek Manager format on computer disk. If not on a disk, entries must be on an official “Metro Entry” sheet. Include the name and phone number of the head coach. There will be no cut-off times for any event. Swimmers are limited to 3 individual events, plus a relay. Entries will be limited to reflect the four-hour time limit and will be accepted on a first received basis. **NO DECK ENTRIES WILL BE ACCEPTED.** If acknowledgment of receipt of entries is desired, please enclose a stamped, self-addressed postcard. If you have any questions, please call the Meet Director, John Hutchins at (718) 699-4219.

ENTRY DEADLINE – ALL ENTRIES MUST BE POST MARKED NO LATER THAN **WEDNESDAY, MAY 5.**

SPECTATORS – There will be a designated spectator seating area.

SAFETY – Coaches shall instruct their swimmers regarding the safety guidelines and warm-up procedures. Coaches shall actively supervise their swimmers at all times. All persons on deck in the “swimmer area” must be U.S.A. registered and must have their credential on their person at all times on deck.

SANCTION – “In granting this sanction it is understood and agreed by U.S.A. Swimming Inc. shall be free from any liabilities or claims for damages arriving by reason of injuries during the conduct of the event.”

WARM-UP PROCEDURES – From **8:45 am – 9:10 am**: General Warm-up in lanes 1 through 8. NO DIVING permitted from starting blocks or pool edge. Outside lanes (1 and 8) kicking only. Inside lanes (2 through 7) swimming and pulling only, no paddles. **9:10 am – 9:25 am**: The lanes will be designated as follows: Lanes 1 & 8 – circle swimming only. 2 & 7 – Racing starts only. Swim one length only. Lanes 3 through 6 – General warm-up/no diving. The pool will be cleared at 9:25 am.

AWARDS – Ribbons will be awarded to the top 12 finishers in individual events. 1st through 8th place ribbons in relay events.

FORMAT – The meet will be run on computer using Hy-Tek’s Meet Manager. All coaches must check-in at registration to pick up a program and submit individual scratches. A team scratch sheet will be provided. No entry cards will be used. Revised heat sheets will be posted. All events will be on a timed final basis. Seeding will be by times submitted. Meet governed by 2004 U.S. Swimming short course rules.

FACILITY – The meet will be held in the eight lane, 25 yard Lehman College/Apex Pool, located at 250 Bedford Park Blvd. West, Bronx. Olympic lanes line and automatic swim timing system will be used.

TRAVEL DIRECTIONS: See Attached Sheet.

MAIL ENTRIES TO: NEW YORK CITY DEPARTMENT OF PARKS & RECREATION
JOHN H. HUTCHINS
PASSERELLE BUILDING
FLUSHING MEADOWS PARK
CORONA, NY 11368

For further information call the Aquatics Division at (718) 699-4219.