



## Aqua Gems Swim Team



P. O. Box 221 ♦ Warwick, NY 10990  
Phone 845-988-9315

WEBSITE - [WWW.AQUAGEMS.COM](http://WWW.AQUAGEMS.COM)

Dear Coaches and Team Representatives:

Enclosed please find your sign up package for the Aqua Gems

### **“Early Bird Meet ” 2<sup>rd</sup> Annual**

Invitational, which is being held on November 19,20&21, 2004 at SUNY Orange Physical Education Facility.

Please visit the Metro Web Site at [www.metroswimming.org](http://www.metroswimming.org) or the Aqua Gems site at [www.aquagems.com](http://www.aquagems.com) . Team entries should be sent via email using Hy-Tek to Bill Pendergast at - [wpendergast@frontiernet.net](mailto:wpendergast@frontiernet.net) ) ( 845-928-3988) or by mail to the location listed in the meet package.

We look forward to as many of you joining in the competition and the FUN !!! We will have special events and prizes for the swimmers and the spectators.

If you have any questions please do not hesitate to give me call . This is a fun event for us and we hope that you will come and join us. We look forward to seeing you there.

Sincerely,

Bill Pendergast, Meet Director

email – [pen4@optonline.net](mailto:pen4@optonline.net) and  
[wpendergast@frontiernet.net](mailto:wpendergast@frontiernet.net)

845-928-3988 daytime 845-469-7079 evenings

AQUA GEMS OF WARWICK, NY  
" **EARLY BIRD MEET** "  
**2004-INV-SC**

**November 19,20,21, 2004**

SANCTION #

SITE: AQUA GEMS – Orange County Community College  
115 South Street, Middletown, New York

EUGIBIUTY: All competitors must be registered with USA Swimming. Age as of November 19, 2004 will determine event eligibility. **Swimmers with Disabilities are encouraged to attend.**

POOL: 25 yard pool with six 7-foot lanes. Non-turbulent lane lines. **Seating will be limited to posted capacity..**  
Colorado electronic timing system

RULES: Current USA Swimming rules will govern the meet. All events are timed finals. **Swimmers are limited to 5 events per session.** Cuts to keep within the 4-hour session time limit will be made on entries received on a first come first served basis.

WARM-UP: First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 & 5 will be open for one-way sprint. All other lanes will remain open for general warm-up.

SEEDING: On deck seeding is in effect for this meet. Seeding shall be done at the beginning of each session utilizing a scratch sheet procedure. Heat sheets will be posted and distributed to the coaches. Scratches are to be indicated and initialed by the coach and returned to the score table no less than one half hour before the session start.

AWARDS: Individual events: medals: 1st-3rd; ribbons: 4th-8th.

ENTRIES: **Metro LSC clubs will be given priority on a first come first serve basis if entries are received November 5 ,2004 by 5:00pm. All other entries from other LSC's will be entered after that date. Other entries will be accepted on a first come first serve basis up to 5:00pm on November 13, 2004. Entries must be received no later than November 13, 2004.** The cost is \$3.00 per individual event and \$8.00 / relay. Make checks payable to: **Aqua Gems Swim Club**. Mail entries to: Aqua Gems Swim Club, C/O Pendergast & Terach, PC, 8 Turner Road, Central Valley, NY 10917  
**Email Entries to Bill Pendergast @ [wpendergast@frontiernet.net](mailto:wpendergast@frontiernet.net)**

Express Deliveries – Bill Pendergast, c/o Pendergast & Terach Architects - 8 Turner Road, Central Valley, NY 10917 (845) 928-3988 **(Please sign the "signature waiver" on envelope for entries sent by Express Mail.)**

The meet will be run on computer using Hy-Tek's Meet Manager. Visit [www.aquagems.com](http://www.aquagems.com) for the Hy-tek event list. *There will be \$1.00 surcharge per Swimmer for entries not on disk.*

*Food will be available in designated area only. Food or glass bottles will not be allowed on deck or in the facility.*

ADMISSION: There will be an admission charge of \$3.00 for adults. Programs \$2.00.

CONDITIONS: Upon acceptance of his/her entries, the participant waives all claims against the Aqua Gems Swim Club , Orange County Community College, USA Swimming, their agents or representatives for any injury occurring as a result of the meet.

QUESTIONS: Bill Pendergast, Meet Director (845) 928-3988 **email – [wpendergast@frontiernet.net](mailto:wpendergast@frontiernet.net)**

**Aqua Gems**  
**“ Early Bird Meet “**

November 19,20,21, 2004 at SUNY Orange - Sanction #

**Session: 1 Friday Afternoon**  
**Day of Meet: 1 Warm-up : 5:00pm Start : 6:00pm**

<b>GIRLS</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS</b>
1	Open	500 Free	2
3	10+Under	200 IM	4
5	12 +Under	500 Free	6
7	Open	400 IM	8
9	10+Under	200 Free	10
11	11 -12	200 Free	12
13	Open	1000 free	14

**Session: 2 Saturday Morning**  
**Day of Meet: 2 Warm-up . 8:00 am Start . 9:00am**

<b>GIRLS</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS</b>
15	9-10	100 free	16
17	11-12	50 free	18
19	9-10	50 fly	20
21	11-12	100 fly	22
23	9-10	100 breast	24
25	11-12	50 breast	26
27	9-10	50 back	28
29	11-12	100 back	30
31	9-10	100 IM	32
33	11-12	200 free relay	34
35	9-10	200 free relay	36

**Session: 3 Saturday Afternoon**  
**Day of Meet: 2 Warmup will start following AM session not before 12:00 pm.**  
**Session Start no sooner than 1:00 pm**

<b>GIRLS</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS</b>
37	8-Under	25 free	38
39	13-14	100 free	40
41	Open	100 free	42
43	8-Under	100 free	44
45	13-14	100 breast	46
47	Open	100 breast	48
49	8-Under	50 breast	50
51	13-14	200 fly	52
53	Open	200 fly	54
55	8-Under	50 fly	56
57	13-14	200 back	58
59	Open	200 back	60
61	8-Under	50 back	62

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November 19,20,21, 2004 at SUNY Orange - Sanction #

63	13-14	200 free relay	64
65	Open	200 free relay	66
67	8-Under	100 free relay	68

**Session: 4 Sunday Morning**

**Day of Meet: 3 Warm-up . 8:00 am Start . 9:00am**

<b>GIRLS</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS</b>
69	11-12	100 free	70
71	9-10	50 free	72
73	11-12	50 fly	74
75	9-10	100 fly	76
77	11-12	100 breast	78
79	9-10	50 breast	80
81	11-12	50 back	82
83	9-10	100 back	84
85	11-12	200 IM	86
87	9-10	200 medley relay	90
89	11-12	200 medley relay	58

**Session: 5 Sunday Afternoon**

**Day of Meet: 3 Warmup will start following AM session not before 12:00 pm.**

**Session Start no sooner than 1:00 pm**

<b>GIRLS</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS</b>
91	8-Under	25 breast	92
93	13-14	200 breast	94
95	Open	200 breast	96
97	8-Under	50 free	98
99	13-14	50 free	100
101	Open	50 free	102
103	8-Under	50 back	104
105	13-14	100 back	106
107	Open	100 back	108
109	8-Under	25 fly	110
111	13-14	100 fly	112
113	Open	100 fly	114
115	8-Under	100 IM	116
117	13-14	200 IM	118
119	Open	200 IM	120
121	8-Under	100 medley relay	122
123	13-14	200 medley relay	124
125	Open	200 medley relay	126