

WHITE PLAINS YWCA MIDDIES SWIM TEAM
HALLOWEEN INVITATIONAL
OCTOBER 24 – 26, 2003

SANCTION #

SITE: White Plains YWCA, 515 North Street, White Plains, NY 10605

ELIGIBILITY: All competitors must be registered with USA Swimming. Age as of October 24, 2003 will determine event eligibility.

POOL : 25 yard pool with 6, 7 foot lanes. Non-turbulent lane lines. Colorado electronic timing system with six line scoreboard.

RULES: Current USA Swimming rules will govern the meet. All events are timed finals.

WARM-UP: First 30 minutes will be general warm-up, then lanes 2&5 will be one-way sprints, 1&6 for pace work and 3&4 for general warm-up until the meet start time.

AWARDS: Medals will be awarded for the first three places for all 12 and under events.

ENTRIES: Master Sheets must accompany all entries. Entries must be received no later than OCTOBER 15, 2003. The cost is \$3.00 per individual event. Make checks payable to: MIDDIES SWIM TEAM and mail to:

Middies Swim Team
515 North Street
White Plains, NY 10605

The meet will be run on computer using Hy-Tek's Meet Manager. Any entries sent on disk will be accepted. *\$1.00 surcharge per swimmer for any entries not on disk.*

Cuts to keep within the 4 hour session time limit will be made on entries received on a first come first served basis. **Friday night entries will be limited, cuts based on time may be necessary.**

There is ample on-site parking.

Food is available in designated concession area ONLY.

QUESTIONS: Ilan Noach, Head Coach (914) 422-1585

RESULTS: Results will be posted on our website – middleswimming.org

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session I Friday p.m.

4:00 p.m. Warm-up 5:00 p.m. Start

Girls Event			Boys Event
1	8 & under	50 Freestyle	2
3	7 & under	25 Freestyle	4
5	11-12	200 Butterfly	6
7	8 & under	50 Breaststroke	8
9	7 & under	25 Breaststroke	10
11	11-12	200 Breaststroke	12
13	8 & under	50 Backstroke	14
15	7 & under	25 Backstroke	16
17	11-12	200 Backstroke	18
19	8 & under	50 Butterfly	20
21	7 & under	25 Butterfly	22

session II Saturday a.m.

7:30A.M. Warm-up 8:30 A.M. Start

Girls Event			Boys Event
23	9-10	200 IM	24
25	9-10	100 Freestyle	26
27	9-10	100 Breaststroke	28
29	9-10	100 Backstroke	30
31	9-10	100 Butterfly	32

session III Saturday mid-day

12:00 p.m. Warm-up 1:00 p.m. Start

Girls Event			Boys Event
33	11-12	200 IM	34
35	11-12	100 Freestyle	36
37	11-12	100 Breaststroke	38
39	11-12	100 Backstroke	40
41	11-12	100 Butterfly	42

session IV Saturday afternoon

4:30 p.m. Warm-up 5:30 p.m.. Start

Girls Event			Boys Event
43	Open	200 Freestyle	44
45	Open	200 Butterfly	46
47	Open	200 Backstroke	48
49	Open	200 Breaststroke	50
51	Open	200 IM	52

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session V Sunday a.m.

7:30 a.m. Warm-up 8:30 a.m. Start

Girls Event			Boys Event
53	9-10	100 IM	54
55	13-14	100 Freestyle	56
57	9-10	50 Freestyle	58
59	13-14	100 Breaststroke	60
61	9-10	50 Breaststroke	62
63	13-14	100 Backstroke	64
65	9-10	50 Backstroke	66
67	13-14	100 Butterfly	68
69	9-10	50 Butterfly	70
71	13-14	50 Freestyle	72
73	9-10	200 Freestyle	74

session VI Sunday p.m.

1:00 p.m. Warm-up 2:00 p.m. Start

Girls Event			Boys Event
75	11-12	100 IM	76
77	Open	100 Freestyle	78
79	11-12	50 Freestyle	80
81	Open	100 Breaststroke	82
83	11-12	50 Breaststroke	84
85	Open	100 Backstroke	86
87	11-12	50 Backstroke	88
89	Open	100 Butterfly	90
91	11-12	50 Butterfly	92
93	Open	50 Freestyle	94
95	11-12	200 Freestyle	96

Summerfield Suites

Is proud to host
Middies Halloween Invitational

October 24-26, 2003

We've made a big splash with our special
\$109.00 rate

**must make reservation by 9/24/03 to get this special rate*

Includes:

- All rooms have iron/board, coffee/tea makers and hairdryers, and Fully equipped kitchens (refrigerator, stove, microwave)
- Fitness Center
- Rate includes complimentary full breakfast buffet

Summerfield Suites
101 Corporate Park Drive
White Plains, NY 10604

For Team and Individual Reservations contact:

Connie Gorr

610-351-7817 or CgorrPA@aol.com

(Hotel is less than 2 miles from pool)