

# BGC-N. WESTCHESTER MARLINS SWIM TEAM

## HOLIDAY MEET

Saturday & Sunday, December 6-7, 2003

Sanction # 031201

- SITE:** Boys & Girls Clubs of Northern Westchester - Trotta Millennium Pool  
351 Main Street - Mount Kisco, New York 10549 - (914) 666-8069
- ELIGIBILITY:** Competitors must be registered with USA Swimming. Age as of Dec. 6, 2003 will determine event eligibility.
- POOL:** 25 yard pool with eight 7-foot lanes. Non-turbulent lane-lines. Seating for 200 spectators. Colorado electronic timing system, with an eight-line scoreboard.
- RULES:** Current USA Swimming rules will govern the meet. All events are timed finals. Deck seeding will be used. Scratches must be received no later than 30 minutes before the start of each session. Entries will be accepted on a first come first served basis. All sessions MAY be limited to 3 ½ hours before scratches. Two 10-minute warm-up/warm-down breaks will be included in each session.
- WARM-UP:** First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 & 7 will be open for one-way sprint. Lanes 3 & 6 will be assigned as necessary. All other lanes will remain open for general warm-up.
- AWARDS:** Individual events: medals: 1-8; ribbons: 9-16. Relays: medals: 1-3; ribbons: 4-8
- ENTRIES:** **Swimmers are limited to 3 events per session.** The meet will be run on computer using Hy-Tek's Meet Manager. Entries should be sent on disk. A Master Sheet must accompany all entries. Entries must be received no later than **November 28, 2003**. The cost is \$3.00 per individual event.  
*In addition, there is a \$1.00 surcharge for any entries not sent on disk.*  
**Please sign the "signature waiver" for entries sent by Express Mail.**  
Make checks payable to: **Boys & Girls Clubs Of Northern Westchester**. Mail entries to:
- BGNW Marlins Swim Team  
Attention: Monique Grayson  
22 Pine Hill Court  
Briarcliff Manor, New York 10510
- Email address: [bgnwmarlins@aol.com](mailto:bgnwmarlins@aol.com)  
Food will be available in designated area only.  
Food or glass bottles will not be allowed on deck or in the locker rooms.
- ADMISSION:** Adults: \$2.00 Programs: \$2.00 per session
- CONDITIONS:** Upon acceptance of his/her entries, the participant waives all claims against the Boys & Girls Clubs Of Northern Westchester, The Marlins Swim Team, Metropolitan Swimming, USA Swimming, their agents or representatives for any injury occurring as a result of the meet.
- FOOD:** Refreshments will be available for purchase in the designated area. Please eat outside the pool area and place trash in the proper receptacles. No food or drinks are allowed on the pool deck, but plastic water bottles are acceptable.
- OFFICIALS:** Certified Metropolitan Swimming Officials will be working at the meet.
- VENDOR:** Circle Swim Shop will provide swimming apparel and related items for sale throughout the meet.
- DECORUM:** Each club is requested to handle its own team and discipline problems. Anyone found vandalizing B/G Club property, stealing, or otherwise displaying disorderly conduct, will be subject to disqualification, ejection from the meet, and possible criminal prosecution.
- QUESTIONS:** Monique Grayson, Meet Director (914) 941-4464  
Dennis Munson, Aquatic Director (914) 666-8069 #115

**DIRECTIONS:**

From I-684 North or South: Take exit 4 to route 172 West (towards Mt.Kisco). Drive approximately 2 miles. Take 117 North (keep right at traffic light). Go one block. Just before traffic light, turn right into B/G Club driveway. Enter pool from the main entrance.

From Long Island: Take Whitestone Bridge, to the Hutchinson Parkway North, to I-684 North, to exit 4 (then proceed as above).

From Saw Mill Parkway North: Take exit 33, Readers Digest Road. Cross railroad tracks and keep right. At traffic light, make a left turn on route 117 (it will become Main Street). Pass 2 traffic lights. Just before the third traffic light, turn right into B/G Club driveway.

From Taconic Parkway South: Take exit for route 133, Mount Kisco. At traffic light, make a right turn. At next traffic light, turn right and follow signs for Mt.Kisco (on route 133 east). Drive approximately 4 miles. When 133 ends, keep right onto route 117 South (Main Street). Pass 2 traffic lights. Just after the third traffic light, make an immediate left turn into the B/G Club driveway.

**PS: Additional parking may be available across the street in hospital parking lot.**

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## HOLIDAY MEET

Saturday & Sunday, December 6-7, 2003

### Session 1: Saturday, December 6:

Warm-up: 8:00am

Start: 9:00am

### Session 2: Saturday, December 6:

Warm-up: 1:30pm

Start: 2:30pm

| GIRLS | AGE   | EVENT             | BOYS | GIRLS | AGE     | EVENT             | BOYS |
|-------|-------|-------------------|------|-------|---------|-------------------|------|
| 1     | 9-10  | 100 yd Free       | 2    | 23    | 8-Under | 25 yd Free        | 24   |
| 3     | 11-12 | 50 yd Free        | 4    | 25    | 13-14   | 100 yd Free       | 26   |
| 5     | 9-10  | 50 yd Fly         | 6    | 27    | Open    | 100 yd Free       | 28   |
| 7     | 11-12 | 100 yd Fly        | 8    | 29    | 8-Under | 100 yd Free       | 30   |
| 9     | 9-10  | 100 yd Breast     | 10   | 31    | 13-14   | 100 yd Breast     | 32   |
| 11    | 11-12 | 50 yd Breast      | 12   | 33    | Open    | 100 yd Breast     | 34   |
| 13    | 9-10  | 50 yd Back        | 14   | 35    | 8-Under | 50 yd Breast      | 36   |
| 15    | 11-12 | 100 yd Back       | 16   | 37    | 13-14   | 200 yd Fly        | 38   |
| 17    | 9-10  | 100 yd IM         | 18   | 39    | Open    | 200 yd Fly        | 40   |
| 19    | 11-12 | 200 yd Free Relay | 20   | 41    | 8-Under | 50 yd Fly         | 42   |
| 21    | 9-10  | 200 yd Free Relay | 22   | 43    | 13-14   | 200 yd Back       | 44   |
|       |       |                   |      | 45    | Open    | 200 yd Back       | 46   |
|       |       |                   |      | 47    | 8-Under | 25 yd Back        | 48   |
|       |       |                   |      | 49    | 13-14   | 200 yd Free Relay | 50   |
|       |       |                   |      | 51    | Open    | 200 yd Free Relay | 52   |
|       |       |                   |      | 53    | 8-Under | 100 yd Free Relay | 54   |

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### Session 3: Sunday, December 7:

Warm-up: 8:00am

Start: 9:00am

### Session 4: Sunday, December 7:

Warm-up: 1:30pm

Start: 2:30pm

| GIRLS | AGE   | EVENT               | BOYS | GIRLS | AGE     | EVENT               | BOYS |
|-------|-------|---------------------|------|-------|---------|---------------------|------|
| 55    | 11-12 | 100 yd Free         | 56   | 77    | 8-Under | 25 yd Breast        | 78   |
| 57    | 9-10  | 50 yd Free          | 58   | 79    | 13-14   | 200 yd Breast       | 80   |
| 59    | 11-12 | 50 yd Fly           | 60   | 81    | Open    | 200 yd Breast       | 82   |
| 61    | 9-10  | 100 yd Fly          | 62   | 83    | 8-Under | 50 yd Free          | 84   |
| 63    | 11-12 | 100 yd Breast       | 64   | 85    | 13-14   | 50 yd Free          | 86   |
| 65    | 9-10  | 50 yd Breast        | 66   | 87    | Open    | 50 yd Free          | 88   |
| 67    | 11-12 | 50 yd Back          | 68   | 89    | 8-Under | 50 yd Back          | 90   |
| 69    | 9-10  | 100 yd Back         | 70   | 91    | 13-14   | 100 yd Back         | 92   |
| 71    | 11-12 | 100 yd I.M.         | 72   | 93    | Open    | 100 yd Back         | 94   |
| 73    | 9-10  | 200 yd Medley Relay | 74   | 95    | 8-Under | 25 yd Fly           | 96   |
| 75    | 11-12 | 200 yd Medley Relay | 76   | 97    | 13-14   | 100 yd Fly          | 98   |
|       |       |                     |      | 99    | Open    | 100 yd Fly          | 100  |
|       |       |                     |      | 101   | 8-Under | 100 yd I.M.         | 102  |
|       |       |                     |      | 103   | 13-14   | 200 yd I.M.         | 104  |
|       |       |                     |      | 105   | Open    | 200 yd I.M.         | 106  |
|       |       |                     |      | 107   | 8-Under | 100 yd Medley Relay | 108  |
|       |       |                     |      | 109   | 13-14   | 200 yd Medley Relay | 110  |
|       |       |                     |      | 111   | Open    | 200 yd Medley Relay | 112  |

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CLUB: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

CLUB CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

**Entry Fees:** Make check payable to: **Boys & Girls Clubs Of Northern Westchester**

Total Individual Events \_\_\_\_\_ x \$3.00 = \_\_\_\_\_

Total Swimmers (non-disk surcharge) \_\_\_\_\_ x \$1.00 = \_\_\_\_\_

**TOTAL AMOUNT DUE** \_\_\_\_\_

**Due no later than November 28, 2003**

**Mail to:** Monique Grayson, 22 Pine Hill Court, Briarcliff Manor, NY 10510

**(Please sign the “signature waiver” on envelope for entries sent by Express Mail.)**

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., The Boys & Girls Clubs of Northern Westchester, Trotta Millennium Pool, and the Marlins Swim Team, their agents or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) \_\_\_\_\_

No entries will be processed without this signed waiver.