

**HAUPPAUGE ATHLETIC ASSOCIATION
PRESENTS
THE 2003 AGE GROUP INVITATIONAL
FRIDAY, SATURDAY, & SUNDAY
MARCH 21, 22, & 23, 2003
Sanction #030303**

PLEASE NOTE THE SESSION 2-4 WARM-UP AND START TIME CHANGES

SESSION 1 – 4:30PM warm-up 5:30PM start
SESSION 2 - 6:30 AM Warm-up 7:30 AM start
SESSION 3 – 3:00 PM Warm-up 4:00 PM start
SESSION 4 - 6:30 AM Warm-up 7:30 AM start
SESSION 5 – 3:00 PM Warm-up 4:00 PM start

13-14 swimmers and 15-18 swimmers will not be on deck. They need to have warm-up suits with them to walk to an off deck room.

Visit us at hauppagueswimclub.com for last minute information and changes to this meet flyer.

PARKING – VERY IMPORTANT – The Hauppauge school district allowed this meet only if the following parking guidelines are followed for **sessions 1** and **sessions 3**. These are the Friday PM and Saturday PM sessions. **On Friday PM all swimmers must park in the SOUTH lot of the Hauppauge High School. This lot runs parallel to Vets Highway, but the entrance is off Lincoln. On Saturday PM all swimmers must part in either the SOUTH lot of the Hauppauge High School or in the Middle School Lot on the East side of Lincoln Avenue.** Drop-offs in the North lot will be permitted, but then the cars must immediately leave the North Lot. We ask that you follow these guidelines so as not to jeopardize the district cooperation in the Hauppauge Swim Club running future USA swim meets. During sessions 2, 4 and 5 parking will be permitted in the North lot by the pool.

All events are Timed Finals.

A swimmer may not be entered in more than three events per session.

Entry fees are \$3.00 per individual events. A check for this amount should be made out to the “Hauppauge Athletic Association”.

Metropolitan Swimming Championship Meet Surcharge of \$2.00 per entrant (swimmer) is required at all Metro sanctioned championship meets. A check for this amount should be made out to “Metropolitan Swimming”.

If you do not use Hy-Tek software, please submit entries using attached master list (separate lists for Girls & Boy. Please note that there is a \$1.00 fee per swimmer for all non Hy-Tek Entries.

If you use Hy-Tek, please submit entries on disk, but you **MUST** include a printout of the disk (disk failures can happen).

Please include coach’s name, phone number and e-mail address.

Entries cannot be faxed!

No telephone entries can be accepted

No late entries can be accepted.

“No Time” entries will not be accepted! (Event must have been swum at least once before)

If Express Mail is used, please sign the release so mail will be left at the address without a signature. If you require confirmation of receipt, include a self-addressed, stamped post card.

ALL ENTRIES DUE BY MARCH 11, 2003
ALL CHECKS DUE BY MARCH 16, 2003

Send to:

Debbie Anderer

50 Bobann Drive

Nesconset, New York, 11767

Phone number – 724-3867

Confirmation of receipt of entries can be emailed to Debbie Anderer at jabbie@aol.com

Head Coach - Ray Willie (631) 702-1205

AWARDS: Individual medals for 1st through 6th place, ribbons 7th through 12th place; swimmers below the “silver” minimum standard. Certificates will be awarded to top 12 Silver and top 12 JO and top 6 Zone qualifying standard swimmers. Any awards not picked up will be mailed to the coach.

METROPOLITAN SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT

During Warm-up there will be no diving except in designated sprint lanes and then only under direct supervision of a coach. The meet marshals will enforce all warm-up procedures. This meet is governed by the rules set forth in the USS Rule Book.

TIME TRIALS: Are available at the end of each session if time allows- \$5.00 per trial, payable to Hauppauge Athletic Association.

SCHOOL DISTRICT RULES

Hauppauge High School is a smoke free campus. Limited access to pool and lobby only. No food, beverages or glass containers are allowed in the pool area. Failure to comply could result in the swimmer or spectator being ejected and all fees and awards forfeited.

FACILITY: The Ron Bellucci Natatorium Pool. 25 yards, 6 lanes with non-turbulent lane lines and Colorado electronic timing system.

DIRECTIONS: Long Island Expressway, Exit #57. Vets Highway. Left on Vets Highway to Lincoln Blvd. Right on Lincoln Blvd., high school on the left. Pool located on the north side of the Hauppauge High School. <http://hauppagueswimclub.com/directions/hauppauge.html>

REFRESHMENTS: A complete snack bar will be available in the lobby area, during the meet. This will include bacon and egg sandwiches for breakfast and complete hot meals for lunch and dinner.

ADMISSION: \$5.00 - Includes a program

2003 AGE GROUP INVITATIONAL EVENTS

(Changes in session start times may be made depending upon the number of entries-coaches will be notified in advance)

Session 1

No Parking in the North (Pool) Lot – Only in the South Lot

FRIDAY (4:30 Warm-Up – 5:30 Start)

Age Group Not faster than:	Girls Event #	Event	Boys Event #	Age Group Not faster than:
2:30.40	1	9-10 200 Free	2	2:31.90
2:10.10	3	11-12 200 Free	4	2:15.30
5:10.90	5	13-14 400 IM	6	5:04.30
5:01.40	7	15-18 400 IM	8	4:42.80
5:30.40	9	13-14 500 Free	10	5:27.50
5:31.50	11	15-18 500 Free	12	5:08.90

Session 2
SATURDAY AM (6:30 Warm-Up – 7:30 Start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
2:04.50	13	13-14 200 Free	14	2:00.50
40.90	15	9-10 50 Breast	16	43.20
1:15.70	17	13-14 100 Breast	18	1:10.70
31.00	19	9-10 50 Free	20	31.80
26.90	21	13-14 50 Free	22	24.80
1:19.40	23	9-10 100 Back	24	1:21.10
1:07.30	25	13-14 100 Back	26	1:03.80
35.60	27	9-10 50 Fly	28	36.40
1:05.10	29	13-14 100 Fly	30	1:02.00
2:54.00	31	9-10 200 IM	32	2:59.30
2:20.50	33	13-14 200 IM	34	2:15.30

Session 3
 No Parking in the North (pool) lot – Only in the Middle School lot and the
 South Lot
SATURDAY PM (3:00 Warm-Up –4:00 Start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
2:02.90	35	15-18 200 Free	36	1:53.00
36.10	37	11-12 50 Breast	38	37.50
1:13.80	39	15-18 100 Breast	40	1:08.00
27.90	41	11-12 50 Free	42	27.60
26.40	43	15-18 50 Free	44	23.20
1:09.60	45	11-12 100 Back	46	1:10.60
1:06.30	47	15-18 100 Back	48	58.70
30.70	49	11-12 50 Fly	50	31.30
1:04.50	51	15-18 100 Fly	52	58.90
2:28.20	53	11-12 200 IM	54	2:34.50
2:19.50	55	15-18 200 IM	56	2:10.30

Session 4
SUNDAY AM (6:30 Warm-up –7:30 start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
1:08.20	57	9-10 100 Free	58	1:09.80
57.60	59	13-14 100 Free	60	54.30
36.80	61	9-10 50 Back	62	38.00
2:23.60	63	13-14 200 Back	64	2:17.20
1:29.60	65	9-10 100 Breast	66	1:33.30
2:41.90	67	13-14 200 Breast	68	2:38.80
1:22.00	69	9-10 100 Fly	70	1:26.70
2:25.80	71	13-14 200 Fly	72	2:27.70
1:19.00	73	9-10 100 IM	74	1:20.90

Session 5
SUNDAY PM (3:00 Warm-Up- 4:00 Start)

Age Group- Not faster than:	Girls Event #	Event	Boys Event #	Age Group- Not faster than:
59.90	75	11-12 100 Free	76	1:00.70
56.60	77	15-18 100 Free	78	51.40
32.50	79	11-12 50 Back	80	32.90
2:19.60	81	15-18 200 Back	82	2:07.50
1:18.00	83	11-12 100 Breast	84	1:22.40
2:39.20	85	15-18 200 Breast	86	2:31.50
1:08.70	87	11-12 100 Fly	88	1:12.80
2:20.50	89	15-18 200 Fly	90	2:17.70
1:08.90	91	11-12 100 IM	92	1:10.50
5:51.20	93	11-12 500 Free	94	6:02.10