

THREE VILLAGE SWIM CLUB
PRESENTS
THE 2003 METRO 8 AND UNDER CHAMPIONSHIPS
, SATURDAY & SUNDAY
MARCH 1, 2, 2003
At SUNY Stony Brook University Pool

STARTING TIMES:

*Saturday and Sunday Morning 8:30 A.M. (Warm up 7:30 AM)
Saturday and Sunday Afternoon 2:00 P.M. (Warm up 1:00 PM)*

. All events are Timed Finals.

A swimmer may not be entered in more than *three events* per session

Entry fees are \$3.00 per individual event, and \$8.00 per relay entry. A check for this amount should be made out to

“Three Village Swim Club”.

Metropolitan Swimming Championship Meet Surcharge of A \$1.00 per entrant (swimmer) is required at all Metro sanctioned championship meets. A check for this amount should be made out to “Metropolitan Swimming”.

.....All fees must be paid prior to the start of the meet.

If you do not use Hy-Tek software, please submit entries using attached master list (separate lists for Girls & Boys). Please note that there is a \$1.00 fee per swimmer for non HY-TEK entries

If you use Hy-Tek, please submit entries on disk, but you **MUST** include a printout of the disk (we have had disk failures in the past).

We accept e-mail entries. If you wish to save money and inconvenience, send .CL2 files as an attachment to TVSCSECY@YAHOO.COM . Be sure to ZIP the file, as it goes through the e-mail system with fewer problems. It is also a good idea to request that a receipt be generated. Entries will be acknowledged by a reply- if you do not receive such a reply contact Art by e-mail or phone

Please include coach's name and phone number.

Entries can not be faxed!

No telephone entries can be accepted

"No Time" entries will not be accepted! (Event must have been swum at least once before)

If Express Mail is used, please sign the release so mail will be left at the address. If you require confirmation of receipt, include a self-addressed, stamped post card.

All entries due by Monday February 24, 2003-

Send to: Art Fortin

18 Court Street

Selden, N.Y., 11784

Any questions concerning this meet contact:

Art Fortin (631) 732-7692

Norm Fuchs (631) 751-7026

AWARDS: Individual medals for 1st through 6th place, ribbons 7th through 12th place.. Awards can only be picked up by a coach during the meet. Any awards not picked up will be mailed to the coach. High point awards to swimmers in ages 6 & under, 7 and 8 age categories, boys and girls, will be given as well.

COACHES must have proper identification with them in order to pick up team packets at the start of each session.

METROPOLITAN SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT

During Warm-up there will be no diving except in designated sprint lanes and then only under direct supervision of a coach. The meet marshals will enforce all warm-up procedures. This meet is governed by the rules set forth in the USS Rule Book.

UNIVERSITY RULES

Limited access to pool and lobby area only. No food, beverages or glass containers are allowed in the pool area. This is a no smoking facility. Failure to comply could result in the swimmer or spectator being ejected and all fees and awards forfeited.

FACILITY: 25 yards, 6 lanes with non-turbulent lane lines & Colorado electronic timing system.

DIRECTIONS

Stony Brook University is located off Nichols Road (County Road 97) North of Route 347 From the LIE exit 62 north; its about 5 miles. Go to Stony Brook University main entrance make a left turn into the campus, make first right turn and head north, make a left at road signed "health center" go to end and make a left, proceed to end and make a right into the parking lot. The pool is located on a path leading out of the southwest corner of the parking lot (left of stadium)

REFRESHMENTS

A complete snack bar will be available in the lobby area, during the meet.

HOTEL ACCOMMODATIONS: See attached sheet

ADMISSION: \$4.00 / Session

PROGRAMS: \$2.00 / Session.

SANCTION # 030304

**Metro 8 & Under Championships –
March 1 and 2, 2003
Event List-By Event Number**

Saturday March 1- 7:30 AM Warmup- 8:30 Start

<u>Event #</u>	<u>Event Name</u>
1	Girls 8 & Under 100 Medley Relay
2	Girls 7 & Under 100 Medley Relay
3	Girls 8 Year Olds 100 Freestyle
4	Girls 6 & Under 50 Freestyle
5	Girls 7 & Under 100 Freestyle
6	Girls 8 Year Olds 25 Backstroke
7	Girls 6 & Under 25 Backstroke
8	Girls 7 Year Olds 25 Backstroke
9	Girls 8 Year Olds 25 Butterfly
10	Girls 6 & Under 25 Butterfly
11	Girls 7 Year Olds 25 Butterfly
12	Girls 8 Year Olds 50 Breaststroke
13	Girls 7 & Under 50 Breaststroke
14	Girls 8 Year Olds 25 Freestyle
15	Girls 7 Year Olds 25 Freestyle
16	Girls 8 & Under 200 Freestyle Relay
17	Girls 7 & Under 200 Freestyle Relay

Saturday March 1 – 1:00 PM Warmup- 2:00 Start

<u>Event #</u>	<u>Event Name</u>
18	Boys 8 & Under 100 Medley Relay
19	Boys 7 & Under 100 Medley Relay
20	Boys 8 Year Olds 100 Freestyle
21	Boys 6 & Under 50 Freestyle
22	Boys 7 & Under 100 Freestyle
23	Boys 8 Year Olds 25 Backstroke
24	Boys 6 & Under 25 Backstroke
25	Boys 7 Year Olds 25 Backstroke
26	Boys 8 Year Olds 25 Butterfly
27	Boys 6 & Under 25 Butterfly
28	Boys 7 Year Olds 25 Butterfly
29	Boys 8 Year Olds 50 Breaststroke
30	Boys 7 & Under 50 Breaststroke
31	Boys 8 Year Olds 25 Freestyle
32	Boys 7 Year Olds 25 Freestyle
33	Boys 8 & Under 200 Freestyle Relay
34	Boys 7 & Under 200 Freestyle Relay

Sunday March 2- 7:30 AM Warmup- 8:30 Start

<u>Event #</u>	<u>Event Name</u>
35	Girls 8 & Under 100 Freestyle Relay
36	Girls 7 & Under 100 Freestyle Relay
37	Girls 8 Year Olds 100 IM
38	Girls 7 & Under 100 IM
39	Girls 6 & Under 25 Freestyle
40	Girls 8 Year Olds 50 Backstroke
41	Girls 6 & Under 50 Backstroke
42	Girls 7 Year Olds 50 Backstroke
43	Girls 8 Year Olds 25 Breaststroke
44	Girls 6 & Under 25 Breaststroke
45	Girls 7 Year Olds 25 Breaststroke
46	Girls 8 Year Olds 50 Butterfly
47	Girls 7 & Under 50 Butterfly
48	Girls 8 Year Olds 50 Freestyle
49	Girls 7 & Under 50 Freestyle
50	Girls 8 & Under 200 Medley Relay
51	Girls 7 & Under 200 Medley Relay

Sunday March 2 –1:00 PM Warmup-2:00 Start

<u>Event #</u>	<u>Event Name</u>
52	Boys 8 & Under 100 Freestyle Relay
53	Boys 7 & Under 100 Freestyle Relay
54	Boys 8 Year Olds 100 IM
55	Boys 7 & Under 100 IM
56	Boys 6 & Under 25 Freestyle
57	Boys 8 Year Olds 50 Backstroke
58	Boys 6 & Under 50 Backstroke
59	Boys 7 Year Olds 50 Backstroke
60	Boys 8 Year Olds 25 Breaststroke
61	Boys 6 & Under 25 Breaststroke
62	Boys 7 Year Olds 25 Breaststroke
63	Boys 8 Year Olds 50 Butterfly
64	Boys 7 & Under 50 Butterfly
65	Boys 8 Year Olds 50 Freestyle
66	Boys 7 & Under 50 Freestyle
67	Boys 8 & Under 200 Medley Relay
68	Boys 7 & Under 200 Medley Relay

Accommodations

The establishments listed below are fairly close to the pool. Swimmers and teams should contact each directly as soon as possible. Teams seeking a group discount should contact the group sales office at each location; prices quoted are for a double room that could accommodate up to four persons. Corporate and group membership discounts may be available as well as continental breakfasts; ask when booking. Additional accommodations may be found near MacArthur airport in Islandia.

Main Directions:

Stony Brook University is located off Nichols Road (County Road 97) North of Route 347 From the LIE exit 62 north; its about 5 miles. Go to Stony Brook University main entrance make a left turn into the campus, make first right turn and head north, make a left at road signed "health center" go to end and make a left, proceed to end and make a right into the parking lot. The pool is located on a path leading out of the southwest corner of the parking lot (left of stadium)

Radisson Hotel

1730 North Ocean Avenue (LIE exit 63)
Holtsville, NY 11742 (631) 758-2900

Hotel is located about 5 miles from the pool. Head west on LIE to exit 62 North onto Nichols Road (County Road 97) then follow main direction to pool

Double room: \$139.00

Holiday Inn Express

3131 Nesconset Hwy (Route 347)
Stony Brook, NY (631) 471-8000

Hotel is located ¼ mile east of Nichols Road (route 97) about 2 miles from the pool. Follow directions to pool found on main sheet

Double room: \$129.00

Islandia Merriott Long Island

3635 Expressway Drive North
Hauppague, NY 11788 (631) 232-3000

Hotel is about 5 miles from pool on the LIE north service road between exits 57 and 58. Drive east on the LIE to exit 62 North.(Nichols Road) then follow Main Directions-

Double room: \$129.00

Hampton Inn

2000 North Ocean Ave., Farmingville, NY 11738
Tel: -631-732-7300 Fax: -631-732-5522

Hotel is located about four miles from the pool. Head west on LIE to exit 62 North onto Nichols Road (County Road 97) (Nesconset Hwy) Follow directions to pool located on Main directions

Double room: \$129.00
